THE ORDER OF DISCALCED CARMELITES
CANADA

THE SOLEMN INAUGURATION OF
LITTLE FLOWER MONASTERY
CARMEL HILL
OCTOBER 15, 2015
V CENTENARY OF THE BIRTH OF SAINT TERESA OF JESUS
Our Lady of Mt. Carmel
Patroness of the Order of Discalced Carmelites

St. Joseph
St. Joseph, pray for us.
“How beautiful is our vocation! It is for us, it is for us, it is for Carmel to preserve "the salt of the earth" (Matthew 5:13). We offer our prayers and sacrifices for the apostles of the Lord; we ought ourselves to be their apostles while by word and example they preach the Gospel to our brethren.”

*Story of A Soul, Chapter VI*
Editorial

Carmel brings a smile to my face! It is where I am meant to be in this place, at this time. I received my scapular on October 16, 2004, significantly it was the 49th anniversary of my mother’s passing, making the occasion even more memorable. I was definitively professed five years later on October 17, 2009. Shortly after my investiture, I served as secretary for the community and the council meetings. I have learnt that it is in serving we grow.

I met Fr. Jerald D’Souza OCD a couple of days after his arrival to Canada in 2003 and Fr. Mario Fernandes OCD shortly after. They were the first Carmelite friars from Karnataka-Goa Province, India to arrive in Vancouver and it was exciting for us as Secular Carmelites to have a Carmelite presence in Western Canada. Today there are thirteen friars, two seminarians and one brother in the Provinces of British Columbia, Alberta and Ontario and among them is Fr. Rudolf D’Souza OCD, Regional Superior of Canada.

Fr. Jerald appointed me as President of the Secretariat for the OCDS in May, 2008 soon after his appointment as our Provincial Delegate. I am grateful for his guidance and his many initiatives in strengthening our communities spiritually and increasing the awareness of the vocation to the Secular Order of Discalced Carmelites. My appreciation and thanks go out to my mentor and Trinidadian compatriot, Teresa Martinez OCDS, former President of the Secretariat for English Speaking Canada, who has been a great source of encouragement and guidance.

I was extremely humbled and delighted as well, when I was approached by Fr. Rudolf to produce the Souvenir Program for the Inauguration of Little Flower Monastery. I accepted the challenge with some trepidation but by the grace of God, it was completed. Surprisingly it brought me much pleasure as I worked through the phases of construction and assembled the photos and articles. Creating this Souvenir Program and documenting the historical events leading to our first Carmelite Monastery and Formation House in Canada will remain my most memorable accomplishment.

We thank His Grace, Archbishop Michael J. Miller, CSB for his encouragement and tremendous support to the Carmelite Order in the Archdiocese of Vancouver. We acknowledge the great support of our Provincial Rev. Fr. Charles Serrao OCD and former Provincial, Rev. Fr. Archibald R. Gonsalves OCD, for their tireless work in carrying out their Provincialate responsibilities. We fully recognize the immense undertaking by Rev. Fr. Rudolf D’Souza OCD in establishing a strong Carmelite presence in Canada.

We are most thankful to Helen Chua Tiampo, for carrying out this legacy in the name of her parents, Jaime and Josefina Chua Tiampo. May Helen and all who walk through these doors be blessed in abundance as they serve Mother Church for the Glory of God.

Yours in Carmel,

Molly Díaz OCDS
President, Secretariat
Western Canada OCDS

Editor’s Note: This Souvenir Program was the inspiration of Co-Editor and Author, Rev. Fr. Rudolf V. D’Souza OCD and was completed under his literary expertise and direction. This second edition features the Inauguration of the Monastery, the Dedication of the Chapel, our newly arrived friars and the construction phases up to the one-year construction anniversary date of February 24, 2016.
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Dedication of Little Flower Monastery to Jaime and Josefina Chua Tiampo

The Little Flower Monastery is dedicated in perpetual memory to Jaime and Josefina Chua Tiampo the loving parents of Helen Chua Tiampo. I have been associated with Tiampo family through Helen since I arrived in Vancouver in 2009. Helen often used to speak to me about her wonderful parents, Jaime and Josefina, and her family members.

Both Jaime and Josefina Chua Tiampo trace their origins to China; precisely Jaime was born in the village of Pengtian. Both of them immigrated to the Philippines between the years 1912 – 1914.

In the Philippines, Jaime was in contact with the Mill Hill Missionaries when he had newly arrived. The missionary activities of these fathers in some way contributed to further his education and Fr. Mathias Boonen gave him lessons in English and Spanish and was his mentor.

It was during this time with the Mill Hill Priests on February 24th 1922, that Jaime was baptised and received his Christian name Jaime Chua Tiampo.
Jaime and Josefina met each other and were married in the Philippines. Jaime’s mentor, Fr. Boonen influenced Josefina on her conversion to Christianity. She became Catholic to marry Jaime. After this she was a very devout Catholic throughout her life.

Josefina’s family was in the cargo shipping business and was already well established in the Philippines.

In the year 1930, Jaime and Josefina embarked on a major venture – the construction of “Tiampo Building” in Iloilo. The building continues to be a witness of the hard work of this couple even to this day.

Within less than 10 years of their marriage, they had seven children and Helen being the eldest was born on December 27, 1925.

In the early spring of 1938, the Tiampo family sailed to Hong Kong. After arriving in Hong Kong, Jaime and Josefina bought a piece of property at Nathan Road from the Dominican Order of Priests. This property developed into a cluster of 5 high-rise buildings called Chungking Mansions which show the undaunted and unprecedented spirit of this couple even to this day in the centre of Hong Kong.

A priest from Sicily named Fr. Orlando arrived in Hong Kong in 1931 and had a great influence on the Tiampo family. Helen learned a great deal of Carmelite Spirituality from him.

To this great couple who arrived Vancouver in the year 1970 and established themselves, we dedicate this Little Flower Monastery of the Discalced Carmelites in their perpetual memory for what they have contributed to their family as well as to the society around them. This Monastery is a proof of their generosity and in some way reflects their Christian spirit, dedication and a tremendous sense of charity.

God Bless Them.

Fr. Rudolf V. D’Souza OCD
Regional Superior of Discalced Carmelites
Canada
IN LOVING MEMORY OF

JAIME & JOSEFINA CHUA TIAMPO

HAVE BEEN ZEALOUS FOR THE LORD

CARMEL HILL

DONATED BY HELEN CHUA TIAMPO

GRATEFULLY RECEIVED BY FR. RUDOLF V. D'SOUZA O.C.D.; PNS

ON BEHALF OF THE CANADIAN CARMELITE CHARITABLE SOCIETY

OCTOBER 15, 2015
THE DISCALCED CARMELITE FRIARS
CORDIALLY INVITE YOU TO

THE SOLEMN INAUGURATION CEREMONY OF
The Little Flower Monastery
AT CARMEL HILL

PRESIDED BY
THE MOST REV. ARCHBISHOP MICHAEL J. MILLER CSB
ARCHDIOCESE OF VANCOUVER

IN THE PRESENCE OF
REV. FR. CHARLES SERRAO OCD, PROVINCIAL SUPERIOR
MOST REV. BISHOP FREDERICK HENRY, DIOCESE OF CALGARY
MOST REV. BISHOP DAVID MONROE, DIOCESE OF KAMLOOPS
REV. FR. RUDOLF D’SOUZA OCD, REGIONAL SUPERIOR

THURSDAY THE FIFTEENTH DAY OF OCTOBER
TWO THOUSAND AND FIFTEEN
ELEVEN O’CLOCK IN THE MORNING

10789 NORTH DEROCHIE ROAD, FRASER VALLEY
BRITISH COLUMBIA, CANADA

Reception to follow
R.S.V.P. by October 1st
Rev. Fr. Jerald D’Souza OCD 604-988-3211
st.edmunds@shaw.ca
Archdiocese of Vancouver
ARCHBISHOP'S OFFICE

St. Teresa of Jesus
October 15, 2015

Reverend Rudolf D'Souza, OCD
Regional Superior, Discalced Carmelites in Canada
Guardian Angels Parish
1161 Broughton Street
Vancouver, BC V6G 2B3

Dear Father Rudy:

Please accept my warmest congratulations on the establishment of Little Flower Monastery in Deroche, BC. I am truly grateful for the many years of devoted service by the Discalced Carmelites in the Archdiocese of Vancouver. The vital work of forming future priests at the new site will be an important extension of this fruitful legacy.

I have every confidence that the Carmelite charisms of prayer and contemplation, to be fostered and promoted at the Little Flower formation house, will continue to be a great blessing to the local Church.

With cordial best wishes and the assurance of my prayers for the success of this endeavour, I remain

Fraternally yours in Christ,

+ J. Michael Miller, CSB
 Archbishop of Vancouver

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rcavbishop@rcav.org
The expression “Full of Life” can be appropriately attributed to Helen as she is always bubbling with life at this age. She will soon be celebrating her 90th birthday on December 27th this year (2015). I met Helen at Guardian Angels Church after 4 p.m. Mass on Saturday, August 15th 2009, the day after my arrival in Vancouver. Within a week she came to meet me at the rectory and wanted to talk to me about her association with Carmelite Spirituality. After a brief conversation I handed over to her a copy of my book titled WHEN I CANNOT PRAY. After reading this book, she asked for my other books.

Helen is an avid reader and she has a whole library in her suite. She reads practically 6 to 7 hours a day on whatever she can get her hands on: newspapers, magazines, and books. Deeply rooted in Carmelite Spirituality, she also has a great collection of Carmelite books.

Filled with a sense of humour she likes to listen to stories and has a great liking for history and fiction.
After being acquainted with her family, she introduced me to her secretary, Steve Creighton, who has been instrumental in looking for a piece of land for the Carmelites in Fraser Valley. Later she introduced me to her lawyers and other important personalities around her.

This helped me to put forward to her the need of a Foundation House for the Carmelites to stabilize their presence here in Canada.

Her great love for her parents and her desire to construct something in their memory actually triggered the construction plan of Little Flower Monastery. Over a period of three years she accompanied me several times to the Fraser Valley Rural Development Office of Chilliwack to discuss construction plans together with the Architect John Clark and our accountant, Francis Wong. During important meetings on the decision to construct the monastery, she invited me to have discussions with her lawyers, Darrell Wickstrom and Leo Amighetti. In the past three years, her travels to Carmel Hill were filled with her dream of having a monastery for the Carmelites.

The secret of Helen’s health no one knows; but according to her it is the daily intake of ice cream and creamy chocolates that keep her so healthy and strong. Moreover her regular physical exercise during summer in the Community Center at Denman Street and during autumn and winter in her own home with an exercise bicycle has kept her so hail and hearty.

Her association with the Carmelites goes back to her time in Hong Kong where she met Fr. Carmelo Orlando, a priest from Sicily (Italy) who influenced her. Since then she has been interested in Carmelite Spirituality.

We, the Discalced Carmelites of Karnataka Goa Province are grateful to her. We pray for her parents, Jaime and Josefina Chua Tiampo, that this Monastery will perpetuate their loving memory always through the generosity of Helen Chua Tiampo.

**Fr. Rudolf V. D’Souza OCD**
Regional Superior - Canada
It is with great pleasure that I am writing these few lines on the occasion of the inauguration of the new foundation under the Patronage of our Little Sister St. Therese (Little Flower) at 10789 Deroche Road, Fraser Valley, British Columbia.

Please accept my sincere congratulations on this auspicious occasion and my best wishes. May this new foundation become a platform for living, witnessing and spreading the Carmelite Spirituality in this area. This is my prayer and wish for you.

I avail myself of this occasion to appreciate all the good works that our OCD friars of the Karnataka Goa Province have been doing in Canada especially in British Columbia and Alberta in these past few years. In a very short time you were able to establish the Carmelite presence and also succeeded to a great extent in propagating our spirituality over there. May your ministry be fruitful and may all your efforts in establishing the Order over this part of the world be successful.

2015 is a special year for the Teresian Carmel. This is the 5th Birth Centenary Year of St. Teresa, our Holy Mother. May this new foundation initiated in this great Centenary year remind us always of our call to the experience of God through prayer and teach also others with passion to reach the same goal. May our Blessed Mother protect her brothers working in Canada for the greater glory of her Son.

With prayerful greetings,

Fr. Gorantla Johannes OCD

Definitor General
I am delighted that our first monastery in Canada will be inaugurated on the 15th of October, 2015, the solemnity of our reformer, St Teresa of Jesus (Avila). It becomes all the more significant as we are celebrating this year the V Birth Centenary of our Holy Mother. The very existence of Canada was not known to St Teresa and thousands of people in Europe. But today, the Karnataka-Goa Province becomes the link between St Teresa and Canada. She will be extremely proud of all those who have made this possible! I consider it a gift to the Church which she ardently loved as a true daughter, in the year dedicated to the Consecrated Life.

The Carmelites were invited by Most Rev. Adam Exner OMI, then Archbishop of Vancouver in the year 2002. The General Definitory of the Discalced Carmelites, entrusted the territories of British Columbia and Alberta to our Province on 6th May, 2008. We have come a long way and now are on the threshold of a historical moment of our presence in Canada, due to the support of the Bishops and the dedicated service of our friars which has been blessed abundantly by the Lord.

I have to make particular mention of Rev. Fr Rudolf V. D’Souza, the Regional Vicar, whose out-going and enterprising character have brought about the realization of a great dream. On behalf of the Karnataka-Goa Province, I wish to recall the yeoman service rendered by him without whose hard work and determined determination - which saw him surmounting innumerable hurdles - the achievement of this foundation could scarcely have become a reality.

It is fitting that this foundation in Canada is dedicated to the Little Flower, Doctor of the Church and Patroness of the missions whose promise of showering roses from heaven, will – we hope – be superabundantly fulfilled in and through the new foundation.

We also wish to place on record the unforgettable generosity of Ms. Helen Chua Tiamo, who – because of her financing of the property and construction, may be considered one of the first roses thrown down from heaven by St Thérèse of the Child Jesus. This new house will keep her memory and that of her parents (Jaime and Josefinia Chua Tiamo) alive in the hearts of the Carmelites.

I look forward to being present on this happy occasion with all our Carmelite Friars, members of the Secular Carmel, benefactors and friends, in the esteemed presence of Most Rev. J. Michael Miller CSB, the Archbishop of Vancouver and other Bishops from Canada who are associated with us in one way or the other. It would be an opportunity to raise a song of thanksgiving to God for the innumerable graces he has showered on us since we set foot in Canada and at the same time rededicate ourselves to the particular mission he has entrusted to us.

St Thérèse was French. And it was the French Jesuits that played a prominent role in the evangelization of Canada. Coincidentally, Br. Josef Giroux, the first native French Canadian to join us has been residing in this monastery since his first profession on 29th October, 2014.

On my visit to the territory last year, it was heartening to hear widespread appreciation of our friars for their vibrant and generous service in the parishes entrusted to our care. I sincerely pray that our saving faith strike ever deeper roots in Canadian soil through the Carmelites who have been entrusted with the charism of prayer and spiritual ministry, in a special way through the Little Flower Carmelite Monastery.

Rev. Fr. Charles Serrao OCD (Provincial)
Office of the Catholic Bishop of the Diocese of Calgary

Dear Discalced Carmelites and Friends:

Greetings and prayerful best wishes on the inauguration of Our Little Flower Monastery at Carmel Hill - Vancouver!

On August 20th, one of news headlines was "ISIS bulldozes ancient monastery in Syria". The referred to demolished monastery was Saint Elian Monastery established in the fifth century. On the same day, I received the invitation to the opening of Our Little Flower Monastery on the 500 birth centenary of St. Teresa of Avila. Both events remind us that we have a long graced history marked by the cross and the resurrection of Jesus Christ.

Living Eucharistically is to live and preach the Word.

"We frequently see, insofar as it is possible to judge here below, that the better the life of the preacher the more abundant the fruit, no matter how lowly his style, poor his rhetoric, and plain the doctrine. For the living spirit enkindles fire. But when this spirit is wanting, the gain is small, however, sublime the style and the doctrine. Although it is true that good style, gestures, sublime doctrine, and well-chosen words are more moving and productive of effect when accompanied by this good spirit, yet, without, even though delightful and pleasing to the sense and the intellect, the sermon imparts little or no devotion to the will, for the will in this case will ordinarily be left as weak and remiss as before, even though wonderful things were admirably spoken, and the sermon merely delights the sense of hearing, like a musical concert or sound bells, But the spirit, as I said, will not leave its natural ties any more that previously, since the voice does not possess the power to raise the deadman from his sepulchre" (Saint John of the Cross).

May your new formation house be a source of spiritual empowerment for God's people and raise many to new life.

Wishing you all the best, I remain,

Sincerely yours in Christ,

[Signature]

F. B. Henry
Bishop of Calgary.

CATHOLIC PASTORAL CENTRE
Suite 290, 120 - 17 Avenue S.W. - Calgary, Alberta, Canada T2S 2T2
Telephone: (403) 218-5524 Facsimile: (403) 264-0272
September 8, 2015  Feast of the Nativity of the Blessed Virgin Mary

Dear Discalced Carmelites:

On this feast day, as we reflect on the divine plan of God preparing our redemption, with the people of the Diocese of Kamloops I want to offer the community of the Discalced Carmelites our prayers as they enter into the life of the Archdiocese of Vancouver in a very visible way at Carmel Hill.

In the Solemn Inauguration Ceremony of the Little Flower Monastery the Discalced Carmelites continue the mission of the Church along the Fraser River – the Oblates of Mary Immaculate (1861), the Benedictines (1954) and now the Carmelites (2015).

May your formation house continue the mission of the proclamation of the Gospel through prayer, contemplation and good works.

Yours in Christ,

+ David J. Monroe
Most Reverend David J. Monroe
Bishop of Kamloops
It was in January, 2009 I was preaching a retreat in St. Mary’s Church – Dubai (UAE) that I got an urgent phone call from Rev. Fr. Archibald R. Gonsalves OCD (Provincial) to get ready to go to Canada, as Rev. Fr. John Alex Pinto OCD had suggested my name for this mission. I was in total confusion in my decision to accept or not because of the frail health of my papa. I asked Fr. Provincial for more time to make a decision. My papa prayerfully encouraged me to go to Canada as he had a great missionary spirit in his life.

I landed in Vancouver on August 14th of the same year and on the next day after 4 p.m. Mass I met Helen Chua Tiampo at the main door of Guardian Angels Church as I was greeting people. I introduced myself to her as a Discalced Carmelite and she wanted to meet me during the next week. Helen came to meet me and I handed over to her a copy of my book titled: *When I Cannot Pray*. This is the beginning of my contact with her.

In the past 6 years I have spoken to her about the future of the Discalced Carmelites in Canada. In spite of working in parishes and assisting the Secular Carmelites in this region we needed to promote Carmelite Spirituality and local vocations to Carmel and we wanted to establish our presence in Canada through a foundation house.

This proposal took a long time to sink into her heart and over a period of almost 3 years in spite of my proposal to have a house of our own any thought of such a project did not take off.

In the previous three years an attempt was made to establish a Carmelite Charitable Society but being such an enormous undertaking, it was not successful. It was in 2011 that my first attempt was made through the Archdiocese of Vancouver and with the help of Mr. Francis Wong, Most Rev. Michael Miller CSB, Archbishop of Vancouver, provided all the necessary correspondence for starting a charitable society. With further help from Mr. Francis Wong and Mr. Stewart Hayashi, in the year 2012 we succeeded in getting an approval from Canada Revenue Agency for the Canadian Carmelite Charitable Society.
With this in mind, I approached Helen on the donation of a piece of land to the Carmelites. If she was willing, she would propose this in her own hand writing to her estate planner and Mr. Darrell Wickstrom, her lawyer, who had indicated to her that such a donation could be made. The initial acceptance of her proposal got a positive reply in January 2012. The initial donation to purchase a piece of land was done through the Archdiocese of Vancouver.

Mr. Steve Creighton, Helen’s secretary, was instructed by her to get a piece of land and he located some properties in the Mission area of BC – Canada. There were several pieces of acreages and at first we decided to buy at Sylvester Road, but when the deal was to be finalized for purchase it was lost to another client for a higher value. Helen said, “It is the will of God that we should look for another piece of land”. Steve finally located a piece of 20 acres at 10789 North Deroche Road. As we inspected this land Helen exclaimed “this is a wonderful piece of property with a beautiful mountain at the edge of the property and we can name it as CARMEL HILL”. The initial blessing of this place was held on September 11th 2012 and Archbishop Michael Miller CSB congratulated the Carmelites on this occasion.

As we inaugurate Little Flower Monastery today on the closing of the V Birth Centenary of St. Teresa of Avila, we are first of all grateful to God the Father Almighty who works wonderfully among his people. I want to thank Archbishop Michael Miller CSB for his wholehearted cooperation towards this project. Helen has dedicated this monastery to her loving parents Jaime and Josefina Chua Tiampo for their generosity towards her. I want to place on record Helen’s contribution towards this project through her immense sense of generosity and dedication. My sincere gratitude to Rev. Fr. Charles Serrao OCD (Provincial) for his support and to Rev. Fr. Archibald Gonzalves OCD for his daunting decision in sending me to Canada for this mission and to all of you for being with me in one way or another through these years of work and planning of this great project that will certainly cater to hundreds and thousands of people who hunger for God-experience in these times.

Sincerely

Fr. Rudolf V. D’Souza OCD

Regional Superior – Discalced Carmelites
Canada.
October 15, 2015 marks the Vth Birth Centenary of our Holy Mother St. Teresa of Avila, all over the Carmelite world there are celebrations galore. She championed the reform by opening 17 foundations all over Spain. She will be delighted to see another foundation by her sons yonder at a distance in Vancouver, Canada.

Thanks to the pioneering work of Fr. Dominic Borg of the Maltese Province, we have well-formed communities of Secular Carmel (OCDS) in Eastern Canada. Credit goes to Fr. Jerald and his team for establishing similar units in the West. How can I forget Mrs. Lourdes of happy memory, who ignited the spark of Secular Carmel in the West and Mrs. Molly Diaz and the others that continue to animate Secular Carmel today?

A lot of water has gone under the bridge before “Canadian Carmelite Charitable Society” could be formed. When the initial efforts did not bear much fruit, you dear Fr. Rudolf shouldered the entire responsibility. Thanks to your untiring efforts, today we have a charitable society to reach out to the needy first in Canada and then in India and Tanzania.

How can I forget Helen Chua Tiampo, our Sister in Carmel, who never failed to reach out to you and through you to the Karnataka Goa Province? I express my wholehearted gratitude to her by invoking God's blessings on her. In my six years as Provincial, I have seen the expansion of the mission in Canada from just two missionaries to what it is today. I am glad to have walked with you and also accompanied you in your adventurous journey. I would like to place on record your undaunted courage and efforts that have made Canadian mission a dream come true. The Archdiocese of Vancouver will continue to be our mother diocese in Canada and the Guardian Angles Parish our Mother house for the mission.

The two newly professed members of the Canada Region, namely, Fr. Alfredo Pereira and Br. Joseph Giroux are a beacon of hope for the future of Carmel in Canada. May this first Monastery of the Indian Carmelites on Canadian soil become a stepping stone for the expansion of the Order!

With every good wish,

Fr. Archibald Gonsalves, ocd
Former Provincial
On May 15, 2008, the General Definitory conceded the Canadian civil provinces of British Columbia and Alberta to the Carmelite Province of Karnataka-Goa (India). Two weeks following, I was appointed as Provincial Delegate of the Secular Order of Discalced Carmelites (OCDS) for the Region of British Columbia and Alberta. This was unchartered ground for me and somewhat of a challenge but with great determination, I set to the task.

I first appointed Molly Diaz OCDS as President of the Secretariat for the OCDS. Together we rapidly established the Western Canada OCDS emblem and the website, followed soon after by the first issue of the *Flos Carmeli* Newsletter in August 2008. Renee Fietz OCDS was appointed Central Director of Formation and was succeeded by Jennifer McDiarmid OCDS. This office is now held by Leslie Blair OCDS.

There are now three communities in the Lower Mainland viz. North Vancouver, Vancouver and Coquitlam, and two communities respectively in Vernon, British Columbia and Calgary, Alberta. With the arrival of our friars and a strong Carmelite presence, our communities have grown stronger and there is a greater interest and renewal in the vocation to the Secular Carmel.

This Quincentennial Year of the Birth of St. Teresa has brought to us an acute awareness of the richness of our heritage and of St. Teresa’s great work in establishing the Discalced Carmelite Order, only to be crowned by the Inauguration of Little Flower Monastery in Canada on October 15, 2015, her feast day. The Monastery will augment the Spirit of Carmel in the Archdiocese and inspire us to serve Mother Church more zealously and faithfully.

As a Provincial Delegate, I am delighted to have the institution of a monastery in British Columbia as it will be most helpful to our Secular Carmelites to have a quiet place for reflection. It will serve as a Carmelite Retreat and Spirituality Centre which gives the Seculars an opportunity to visit and assist the friars. This will create a greater sense of commitment and belonging to the Order.

I congratulate Fr. Rudolf D’Souza for his zeal and hard work in accomplishing this monumental undertaking of establishing our monastery. This is a great gift from God working through the hands of Helen Chua Tiampo.

Yours in Christ,

**Fr. Jerald D’Souza OCD**

Provincial Delegate OCDS
PLANNING AND ADVISORY COMMITTEE

Helen Chua Tiampo
Director, Alegre Investments and Feliz Enterprises

Darrell J. Wickstrom
Partner, Fasken Martineau

Fr. Rudolf V. D’Souza, OCD, PhD
Canadian Carmelite Charitable Society
Regional Superior of the Discalced Carmelites - Canada

Emmet Mc Grath
Institute of Chartered Accountants of British Columbia and Canadian
Institute of Chartered Accountants; Ex Partner KPMG

Steve Creighton
Secretary to Helen Chua Tiampo

Francis BC. Wong, CDFM, CPA, CGA, ACIS, PAdm
Director of Finance, Archdiocese of Vancouver

John Clark - Architect
Paul Owens - Assistant

Steve Paone - President
Alfred Horie Construction

Dennis Cadrain (Site Superintendent)
Alfred Horie Construction

Bro. Joseph Giroux OCD
Site Vigilance and Surveillance
Fasken Martineau is honoured to have served as Helen Tiampo’s legal advisor for over 20 years, and in particular, to have assisted her in her role as the principal benefactor of Carmel Hill. Our firm shares Helen’s pleasure in the successful completion of the project. We express our best wishes for its ongoing mission, and congratulate all of those who contributed to the endeavour.

Darrell Wickstrom
Partner
I am very pleased to have been involved with the Canadian Carmelite Charitable Society in the development of the beautifully designed Little Flower Monastery at Carmel Hill, 10789 North Deroche Road, Deroche, Mission, British Columbia.

When Father Rudolf D'Souza OCD, Regional Superior, asked for my assistance, I was very honoured as my aunt was a Carmelite nun in the State of Sabah, and my cousin a Carmelite nun in the State of Sarawak, both in Borneo, Malaysia. I grew up visiting my cousin in the Carmelite Monastery of Kuching and in my young days I was privileged to attend Mass and help in chores for the Carmelite nuns.

When the Carmelite friars, Father Jerald D'Souza OCD and Father John Pinto OCD, were in the Archdiocese of Vancouver, I arranged for them to initially stay at the former convent situated at 32nd & Heather Street.

I was involved with Father Rudolf D'Souza in the initial concept development plan, and I recommended John Clark Architect and Alfred Horie Construction, whom I have known for many years, to design and build the Monastery. We had to go through many months of convincing the Fraser Valley Rural Development Authority to allow the rezoning and to grant the building permit. After months of rezoning and public hearings, public consultations, engineering and geotechnical studies and lastly aboriginal archaeological study, we were grateful to the Planning Department of Fraser Valley Rural Development Authority, the Ministry of Transportation and the Stó:lō Nation for their support. The Monastery is located in the traditional territory Leq’a:mel First Nation.

The construction of the Monastery uses Cross Laminated Timber (CLT) panels produced in Germany. By using CLT, the embodied carbon is 2.5 times less than that of an equivalent concrete frame. CLT structure is the only sustainable solution to providing high-quality and long lasting facilities in line with the Holy Father Francis’ Encyclical Letter Laudato Si’ On Care For Our Common Home.

I offer my heartfelt congratulations to the Carmelite Fathers on the establishment of Little Flower Monastery made possible through the benevolence of Helen Chua Tiampo.

Francis BC Wong

Francis BC Wong CPA, CGA, CDFM, ACIS
Director of Finance and Administration
Archdiocese of Vancouver
It has been an inspiration to see Helen Chua Tiampo's commitment to the Discalced Carmelite Community continue in the form of the funding of this new formation house at Carmel Hill.

I was honored to represent the Canadian Carmelite Charitable Society in their purchase of a 20-acre property at 10789 North Deroche Road only 37 months prior to the official opening and dedication of this 20-room Little Flower Monastery.

Shortly after that purchase in June 2012, the plans to expand the facilities beyond the single home that was originally onsite to include a Carmelite Formation House took form. The Society, the Church and their contractors have moved, I think, in record time to design the Little Flower Monastery, gain the required regulatory approvals for the facility, consult with the local Sto:lo Nation and Leq’a:mel First Nations, break ground and then build this world class facility.

I look forward to seeing this new facility become fully operational and contributing to the growth, support and education of the Carmelite seminarians and for the Discalced Carmelite Order throughout Canada and the World.

Steve Creighton, Managing Broker
The Canadian Carmelite Society Formation House Project presented an array of challenges not normally encountered with typical projects in the City of Vancouver and surrounding municipalities. These challenges ranged from political to technical design issues. We had to create new institutional zoning in a farm and residential areas, design township road improvements, provide rock slide prevention documentation, and various geotechnical provisions. There was a lack of water resources for firefighting and in addition we were required to provide alternative solutions to the BC Building Code.

These obstacles needed to be overcome in order to implement the overall planning process that would ensure passage of the various permits needed before construction could start. All of this work began in the spring of 2013.

One of the overriding design approaches to this project was to provide a warm, welcoming, peaceful and reverent home to those considering entering the priesthood. The building needed to be capable of providing accommodation for visiting families and members of the Carmelite community. This required a building program that could house; an administrative office, overnight amenities, a place of study, areas for relaxation and contemplation, housekeeping, and dining facilities.

The results of the design process led to a building that reflects simple architectural massing, straight sight lines, and rural materials within a contemporary framework. The entire structure is made of wood referred to as Cross Laminated Timber (CLT). CLT is an environmentally friendly product which captures greenhouse gases and is a renewable product. The interior surfaces showcase exposed wood finish which emphasizes the relationship between built-form and the surrounding natural environment. The exposed structural components along with pipes and utilities express the buildings active functions that preside and serve the daily human and spiritual experience as a whole and dynamic event.

The orientation of the chapel is rotated from the rest of the building to position the altar to face easterly thereby capturing the early and late morning sun. It also visually separates the function of the residential component by emphasizing the exterior of the chapel as the main focal point of the site.

Landscaping which makes use of the rocks and boulders excavated during construction help to transition the surrounding mountain landscape towards the edge of the building. This gives a sense of permanency and integrates the natural beauty of the mountains to the building itself, an expression of a well-grounded structure and symbol likened to Mount Carmel itself.

Ultimately it is envisioned that this building will offer an expression of grace and simplicity, and that those who encounter it may be moved to spread the word of this most unique and special site while fostering and growing the life of the Canadian Carmelite community.

John Clark Architect
Dennis CADRAIN  
Site Superintendent  
Alfred Horie Construction  

Dennis has been working for ALFRED HORIE CONSTRUCTION (AHC) for the past 45 years. He is a Site Superintendent. He has worked on far too many projects to list them all. He is married, has two children and five grandchildren. He loves his family. He lives in Maple Ridge. 

Dennis is a great man, charitable, always kind and very devoted to all people and in all of his projects of construction. He is a man of service and of help. He believes in an ecological environment and tries the most he can to keep a “green” environment. He takes care of his neighbours and especially his team working. 

He is a good leader gathering his crew to work properly and professionally. He is a good man who knows how to give an example of happiness at work even if big challenges come up on the construction sites. He is a man of great example, the one who understands and proves by his life that if a work deserves to be done, it deserves especially to be done properly and very well. He is a man of perfection. Bravo Dennis for the outstanding work you do and for the perfection you search for in everything. God bless you. 

*Bro. Joseph Giroux OCD*
Today is the day October 15th, 2015, the day that the Lord has made, let us rejoice and be glad in it. We the Discalced Carmelites of Karnataka Goa Province of India and Canada are grateful to God and to all of you for coming here to participate in our joy at the inauguration of Little Flower Monastery at Carmel Hill. Our hearts turn to God for His providence, inspiration and guidance. We wholeheartedly thank Helen Chua Tiampo who generously contributed towards this whole project in memory of her loving parents Jaime and Josefina Chua Tiampo. This is the first ever monastery by the Karnataka-Goa Province of the Discalced Carmelites established in Canada - Vancouver.

The day was a sunny a beautiful day indeed. The guests arrived by 10 buses at the site and many other guests arrived by private vehicles. It was estimated that around 700 people were present for the event and 50 priests and three bishops for the liturgical celebrations. It was a fantastic celebration that highlighted the features of Karnataka Goa Province. Rev. Fr. Charles Serrao OCD, Provincial, delivered a wonderfully prepared message, followed by a prophetic message from our previous Provincial, Fr. Archibald Gonsalves OCD. Archbishop Michael Miller encouraged the congregation to pray for this facility that it may cater to future vocations and spread Carmelites Spirituality. After the Holy Eucharistic celebration the Souvenir of Carmel Hill was released by Bishop Monroe and Helen released Fr. Rudolf's book, THE WAY LESS TRAVELLED.

A wonderful meal was prepared by John Carlos and Company. Everyone was happy and enjoyed this unique occasion.

We thank our Archbishop Most Reverend J. Michael Miller CSB for his wholehearted support in granting us permission to begin this project and for his continued encouragement. We are grateful also to Most Reverend F. B. Henry, Bishop Calgary Diocese and Most Reverend David J. Monroe, Bishop of Kamloops for their valuable presence, prayers and blessings on this occasion.
INAUGURATION OF LITTLE FLOWER MONASTERY

Our Provincial Fr. Charles Serrao OCD present amidst us today to witness this great event along with our previous Provincial Fr. Archibald R. Gonsalves OCD who actually encouraged us to have a house of our own in Canada during his many visits in the last few years. We are grateful to their support and prayers.

We want to acknowledge the co-operation extended to us by the Fraser Valley Rural Development Authority, represented by David Bennett, for their support and permission for developing this property. We appreciate the tireless efforts by Architect John Clark and Paul Owens, his assistant, in designing this beautiful edifice of God. The Alfred Horie Construction Company having achieved this feat within a whopping 8 months time is remarkable indeed and deserves our congratulations and applause. Our special thanks go to Steve Paone and his team; in a very concrete way to Dennis Cadrain (Site Superintendent); Allen, Mark, Robert and the other wonderful workers. We are grateful to Darrell Wickstrom for his tireless efforts at granting us timely advice on this project. Steve Creighton helped us to co-ordinate the whole event of this celebration. We thank Francis Wong who was instrumental in coordinating the entire progress of the building work. Stewart Hayashi was also instrumental in getting us the Canadian Carmelite Charitable Society along with Francis Wong. We also acknowledge the presence of Mr. Ben Kernan from Florida; Pam Prior, Emmet McGrath, Mr. Kent and others who contributed their share towards making this event a memorable one. We thank the guest priests who came from Rome: Fr. Ivan Pinto, Fr. Lawrence D'Mello and Fr. Manoj Braganza. We thank the local news papers and especially BC Catholic for their coverage of this event. We thank Rizalina Geronimo, Jennifer Po, Oscar Geronimo and Molly Diaz for their support and help. Especially we thank our Carmelites Fr. Jerald D'Souza, Fr. Rajesh Madtha, Bro. Joseph Giroux and Fr. Jaison for their help and support. We also thank all the Carmelites who came from different regions of Canada.

We thank you all for your prayers and encouragement. May God be praised through all these works for his glory. We continue to pray for Helen's health and may God grant her long life and happiness.

Fr. Rudolf V. D'Souza OCD
Regional Superior - Canada
Archbishop J. Michael Miller, CSB, donor Helen Chua Tiampo, and Fathers Rudolf D’Souza and Archibald Gonsalves, OCS, rejoice after cutting the ribbon to mark the opening of Little Flower Monastery in Deroche, on the east side of Mission, Oct. 15.
Carmelites open new monastery

Continued from Page 1
Carmelites landed in the Archdiocese of Vancouver in 2003.

One of them was Father Jerald D’Souza, who celebrated the 25th anniversary of his profession that day, and is pastor of St. Edmund’s Parish. It and Guardian Angels Parish became major hubs for Carmelite activity.

“Our presence in Canada received another boost with the arrival of Father Rudolf D’Souza in 2009, after his long stint in India at St. Joseph’s Parish in Mumbai,” Father Serno continued.

“Today the Little Flower formation house is a fruit mainly of his unswerving faith in divine providence,” and his “unswerving zeal.”

Four busses of parishioners from Guardian Angels arrived to witness the blessing, along with three buses from St. Edmund’s Parish, one bus of lay Carmelites from the Richmond area, and many other individuals.

Helen Chua Tianpo, 89, a quiet, modest Guardian Angels parishioner, received many accolades. In honour of her parents, she donated the funds required to buy the land and pay for construction.

“We are greatly indebted to her for financing the property and construction in memory of her parents Jaime and Josefina Chua Tianpo,” said Father Serno.

“With our meagre resources, we never would have been able to embark on a project of such magnitude in Canada.”

A commemorative book released that day includes photos of Tianpo visiting the site and sitting on construction equipment.

Father Archibald Gonzales, OCD, a former provincial superior, said there are currently 17 Carmelite foundations in Canada.

“I wish that our Carmelite presence here will be able to rejuvenate, activate, in friendship and relationship, all people. Carmel will flourish in the days to come.”

Bishops Frederick Henry of Calgary and David Monroe of Kamloops also participated in the grand opening. There already is a Carmelite community in Calgary, and the priests joked that Bishop Monroe’s presence might indicate his diocese is next.

In another gesture to honour the 500th anniversary of St. Teresa of Avila’s birth, Father Rudolf released a new book, a commentary about her spirituality, titled: The Way Less Traveled.

“On several occasions, when she was writing her mystical experiences, she said: it is so difficult to express what I experienced,” the priest explained. “That is my situation today. I don’t have adequate words to express my deep gratitude.”

They hope to complete Little Flower Monastery by the end of this year.

Father Charles Serralta, OCD, a provincial superior who travelled from India for the blessing, speaks after being introduced by Father Jerald D’Souza (left).

Bishop David Monroe (right) and Father Rudolf D’Souza release a commemorative book about the history of Little Flower Monastery after Mass.
INAUGURATION OF LITTLE FLOWER MONASTERY
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THE DISCALCED CARMELITE FRIARS
CORDIALLY INVITE YOU TO
THE SOLEMN DEDICATION OF

The Chapel
LITTLE FLOWER MONASTERY
CARMEL HILL

PRESIDED BY
THE MOST REVEREND MICHAEL J. MILLER CSB
ARCHBISHOP OF VANCOUVER
IN THE PRESENCE OF
REV. FR. RUDOLF V. D’SOUZA OCD, REGIONAL SUPERIOR

SATURDAY THE NINETEENTH DAY OF MARCH
TWO THOUSAND AND SIXTEEN
ELEVEN IN THE MORNING

10789 NORTH DEROCHE ROAD, DEROCHE
FRASER VALLEY, BRITISH COLUMBIA, CANADA

RECEPTION TO FOLLOW
SOLEMN DEDICATION OF THE CHAPEL
LITTLE FLOWER MONASTERY

Here are photos of the Blessing and Dedication of the Little Flower Monastery Chapel by Archbishop Michael Miller CSB on March 19th 2016 - Solemnity of St. Joseph, Patron of Canada. The weather was perfect and was the first day of Spring this year. Along with the Secular Carmelites there were 75 guests present for the celebration. Fr. Jerald D'Souza organized the liturgical celebration taking care of the meticulous details printed in the liturgical guide and distributed. Frs. Alwyn Sequeira, the Superior of the house, Bro. Joseph Giroux OCD, the bursar and Frs. Steny Mascarenhas, Rajesh Madtha, Jason Tellis and Fr. Richard Francis D'Souza OCD were present for the occasion. Archbishop solemnly began the celebration blessing the Holy Water at the entrance of the Chapel and sprinkling on the faithful as he processed into the Chapel. After the readings Archbishop preached a spiritually enriching homily highlighting the importance of the blessing and dedication of a chapel which has its roots in the Old and the New Testament.

During the mass solemn and long prayers of dedication were recited and sung; and the Litany of the Holy Saints was sung, after which the anointing of the Altar was held in a very solemn way; abundant oil was poured on the Altar Marble Slab and in a special way the Altar Relic was blessed and incense was burnt. After the celebration and before the final Blessing, Fr. Rudolf V. D'Souza thanked the Archbishop for all his help and guidance and thanked each and every one who was instrumental in making this Blessing ceremony a great spiritual nourishment and experience. He thanked Molly Diaz, Susan and Larry Hauck for their help.

Helen's parents Jaime and Josephine Chua Tiampo were specially remembered and gratefully acknowledged Helen's contribution towards this massive building of the Little Flower Monastery. On this occasion we thank all those involved in this project: Helen's Estate Planners, her lawyers Darrel Wickstrom, Leo Amighetti, Accounting department KPMG represented by Pam Prior, Kent, Emmet McGrath, Helen's secretary Steve Creighton, Francis Wong and others. May God bless them all for their time, efforts and their contribution. We also thank the Architect John Clark, Paul Owens, the Alfred Horie Constructions: Steve Paone, Dennis Cadrain and his helpers.

Fr. Rudolf V. D'Souza OCD
Regional Superior, Discalced Carmelites Canada
Archbishop inaugurates new chapel
Carmelites unite in celebration

By Father Rudolf V. D’Souza, OCD
Special to The B.C. Catholic

Little Flower Monastery sprang into spring with the dedication of its chapel on the Feast of St. Joseph, the patron saint of Canada.

The weather was perfect on the first day of spring, March 19, for the visit of Archbishop J. Michael Miller, CSB, who began by blessing holy water at the entrance to the chapel and sprinkling the faithful as he processed into the chapel.

In his homily during the Mass which followed, Archbishop Miller highlighted the importance of blessing and dedicating a chapel which has roots in the Old and the New Testament.

Prayers of dedication
See BISHOP – Page 11

Bishop blesses Little Flower chapel

Continued from Page 1
were recited and sung, and the Litany of the Saints was intoned. Oil was poured on the altar’s marble slab, an altar relic was blessed, and incense was burned.

Along with the Secular Carmelites there were 75 guests present for the celebration. Members of the Discalced Carmelites present included Father Alwyn Sequeira, the superior of the monastery; Brother Joseph Giroux, the bursar; and Fathers Steyn Mascarenhas, Rajesh Madhia, Jason Tellis, Richard Francis D’Souza, Jerald D’Souza, and Rudolf V. D’Souza.

All who had contributed to the monastery, the chapel, and the ceremony were acknowledged. Helen Tiamo received special recognition, and her parents Jaime and Josephine Chua Tiamo were specially remembered and gratefully acknowledged.
SOLEMN DEDICATION OF THE CHAPEL
LITTLE FLOWER MONASTERY
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LITTLE FLOWER MONASTERY
AERIAL PHOTOGRAPHS OF LITTLE FLOWER MONASTERY
History of the Order

The Carmelite Order is one of the five ancient Religious Orders in the Catholic Church, and first one to be dedicated to Mary, who sought God’s will in profound silence and did it with all her heart and thus became the mother of all the disciples of Jesus.

Mount Carmel in Holy Land, symbol for prayer, silence and solitude, has always attracted god-seeking people.

There were always solitary hermits or communities of monks on Mt. Carmel, living a life of prayer and contemplation, inspired by the life and spirit of Prophet Elijah and his followers from early days of Christianity. They lived as hermits in the numerous caves there from time immemorial.

In the beginning of the 12th century, a few men living on the slopes of Mt. Carmel organized themselves as the Brothers of Our Lady of Mt. Carmel. The written history of the Order up to AD1200 remains, however, shrouded in the lives of Latin hermits who lived in the caves of Mt. Carmel, in silence, solitude and in witness to the Gospel Mystery of Interiority.

It is believed that St. Berthold assembled various monks scattered on Mt. Carmel into a community and St. Brocard, his successor, requested a norm of life for them from St. Albert, the Latin Patriarch and Papal Delegate of the Holy Land and this was granted in 1209.

Contemplation - living out their special calling

Eventually they migrated to Europe, especially due to the threats of marauding Moslem armies in the region, and their leader in England, St. Simon Stock, in a difficult moment of their existence, received a vision from Mary with the command to wear the Holy Scapular as a sign of deeper faith.

Commitment to Gospel values and therefore of one’s personal salvation was their spiritual goal. That comes down the centuries as a true symbol of authentic love of God in prayer and of taking upon oneself the yoke of service in imitation of Mary, the true disciple.

Pope Honorius III confirmed this rule in 1226. Pope Innocent IV, who introduced modifications into the rule to suit it to the new circumstances and time, later approved it in 1247.
Pope Eugenius IV mitigated this Alberto-Innocentian Rule in 1431, after the pest known as ‘black death’, at the request of the Superiors of the Order. From then on there were several attempts to go back to the pristine observance. As a result, there arose many reformed Congregations. But they did not last for long, as they could not achieve their aim fully.

**Charism in Full Bloom**

In 1562, St. Teresa of Avila started a reform movement among the nuns and then with the help of St. John of the Cross, among the friars in 1568 in Spain. All the reformed and more austere members were generally known as the Discalced. After a period of waiting, the Discalced Carmelites were allowed to form a separate Province under the direct jurisdiction of the Prior General of the Order in 1580, as it was a quasi re-foundation of the Order. Further development resulted in the institution of a separate branch of the Order with a proper Vicar General in 1587 and an independent Order in 1593.

The reform itself was divided into three separate congregation and later in 1857 under Leo XIII were re-united into the present Order of the Discalced Carmelite Friars today numbering almost 4500, that is spread all over the world divided into 45 Provinces, 3 General Delegations, 5 Commissariats, 9 Regional Vicarates, and 23 Provincial Delegations.

The international Carmelite Order comprising of three branches of Men, Cloistered Nuns and Lay Persons, spread through Europe very fast and then in South America and now in Asia, Africa and Canada. Today it is present in more than 90 countries round the globe. St. Therese of Lisieux known as Little Flower and St. Edith Stein, Bl. Elizabeth of Trinity, St. Raphael Kalinowski, St. Kuriakose Chavara, St. Mary of Jesus Crucified too are Carmelites.

The congregation of religious numbering some 70 today, retaining their juridical autonomy, share in the Charism of the Order in various degrees. So the Apostolic Carmel (AC), The Vedruna Sisters, The CSST Sisters, The CCR Sisters or The CMC Sisters, The CM Sisters and so many involved in apostolate in India and abroad all form true members of a very big family of Carmelites in the Church.
The Carmelites in India

During the early 17th century the reformed (Discalced) Carmelites of Sts. Teresa and John of the Cross, came to the Middle East and India. The first Carmelites reached the shores of India in the year 1619 in Goa. They were the instruments of fruitful evangelization all through the Western Coast of India for the last 5 centuries. They were sent in directly by the Pope expressly for the spread of gospel message and not as part of the colonizers. The marked catholic presence in the Western Coast of India, from Kerala to Gujarat, is greatly due to the work of the Carmelites. The Beautiful Church built at Sardana in Haryana by a Moslem Princess who was converted to Christianity is a monument for the missionary zeal of the Carmelites. The Mumbai Archdiocese extending all over the erstwhile Mogul Empire was served by the Carmelites from 1720 till 1846. The other missions entrusted to Carmelites were the Malabar, Verapoly, Mangalore, Sunkeri, Bijapur, Bidanore and Coorg missions at various times of its history.

The First Novitiate of OCD Friars in India, in recent memory, was opened in 1928. Today there are 6 Provinces, 1 Commissariate, and 1 Regional Vicariate and 2 Provincial delegations in India with over 1,100 professed members.

There are along with friars. 33 Cloistered Carmelite Monasteries of nuns who spend their entire life enclosed within the cloistered walls away from the noisy world of today. There they witness to us the beautiful side of Christianity and contemplation.

There are almost 30,000 secular Carmel members spread throughout India, who live their calling to be the mainstream Christians living their role in the family, the world and the church motivated by sound principles of Carmelite spirituality and Christian holiness.

The Spiritual Identity of the Carmelites

In a nutshell therefore, we can say the Carmelite Order is called in the Church to live, witness and promote the mystery and beauty of Contemplative prayer of Jesus through the communitarian life and apostolic initiatives. The main apostolic activity they involve in is responding to the spiritual needs of the clergy, religious and laity by retreats, counseling, preaching, Institutes of spirituality, media apostolate as well as missionary and parish social apostolate whenever the local church requires.

Moved by the teachings and life witness of Saints Teresa of Avila and John of the Cross, both eminent doctors of Spiritual life in the Church, the Order moves forward in service of humanity.

The first priority of the Carmelites is Prayer and Contemplation. They are also engaged in ministry and other missionary activities. In other words, it is an affirmation that as a flower blooms with light of the Sun, the human life blooms fully, only when it is totally open to God. A human person is capable of greatest growth and able to live a high quality of life and love only when he/she is open profoundly to God, as was Jesus.
Thus the Carmelites affirm that the holiness is not what we achieve by our efforts alone, but what happens to us when we meet God in the intimacy of the heart and do His Holy Will. Prayer is not merely what we say to God and ask of Him, but an intimate and perennial friendship with Him, being present to Him, whom we know loves us. It is an affirmation that it is possible to meet God always and everywhere.

Karnataka - Goa - Maharashtra Province, which is spread over four Indian states of Karnataka, Goa, Maharashtra and Gujarat has about 220 professed religious serving not only in India but also in Tanzania, South Africa and other countries.

We, through our ministry of the spiritual life uphold the inner worth of the human person. We defend the right and dignity of every human being to be a God’s child, God’s image. We are committed to build a society where people rise beyond every form of human selfishness and enslavement to live in peace and harmony with oneself and with others as a community of disciples of Jesus today.

“It is love alone that gives worth to all things.”
Teresa of Ávila
History of Karnataka-Goa Province

Discalced Carmelites in India

The City of Goa was the first place where the Carmelites arrived. The first missionary, the Spaniard Fr. Leandro of the Annunciation, arrived in 1620. Goa was a Portuguese colony and at that time until 1640 it was a possession of the Spanish monarchy. A mission seminary, dedicated to Saint Teresa, was founded in 1630 but had to be closed soon after. In 1628 the Discalced Carmelite friars founded on the island of Diu. These houses were integrated under the one administration which the Order called the “Provincial Vicariate of Persia and India” which was also known as the “Mission to the East”.

In 1709, the Portuguese Authorities gave both the Discalced Carmelite Houses, in Goa and Diu, to the Fathers of the Oratory of Saint Philip. During this time, the middle of the 17th century, the Discalced Carmelite friars began to settle more in the south of India, in the Malabar region. One of the first missionaries to gain knowledge of Malabar was Mons. Sebastini, who wrote a book on his missionary travels with the title: Prima Spedizione all’ Indie Orientali, Rome, 1666. The Holy See created the Apostolic Vicariates in Malabar when this zone passed from the Portuguese Crown into the hands of Holland. In 1678, the Holy See entrusted the Mission of Malabar to the Discalced Carmelites.

From this date until the present time, this region in the south of India has been tied to the Order. This is the origin of the Teresian Carmel in India. At the present time more than 30% of the Discalced Carmelite friars have been born in this nation. In the Archives we have much and varied information on the history of our missionaries in this Asiatic subcontinent: documents which deal with and cover such diverse fields as theology, grammar, botany, folklore, culture... It can be said that our Archives hold one of the most important documentary sources for a better knowledge of the history of India.

The Discalced Carmelites were canonically set up as a Distinct Province of the Order in 1981, on March 12. Flashing back on the most important events that led to this unforgettable date, we recall Msgr. Aloysius Benziger, Swiss-born Carmelite of the Belgian Province, thanks to whose untiring zeal and unflagging efforts, the Teresian Carmel opened its doors to the sons of India at the beginning of the Twentieth Century. Carmelite missionaries had been working in India since the Seventeenth Century. There had been even a novitiate and a theology-house in Goa, from where the Discalced proto-martyrs, Blessed Dionysius of the Nativity and Redemptus of the Cross had left for their martyrdom in Sumatra in 1638. But that foundation had not been intended for Indians.

Bishop Benziger conceived the idea of re-founding a Carmelite community in Goa during the third centenary of their martyrdom in 1938. With this in mind, accompanied by Fr. Mary Joseph, the old bishop, after retiring from the See of Quilon, personally visited Goa that year and paved the way for the new foundation in Margao, which was soon realized. The next foundation undertaken by the Flemish province in the Konkan Region, was in Mangalore in 1947 around the time of Indian independence. After independence, the activity of foreigners was curtailed and their movements, restricted.
As Indian vocations multiplied, more and more foundations were made, and grouped into "provinces". The Carmelite Tertiaries of Manjummel, founded in the latter half of the Nineteenth Century, applied for integration into the "first" Order and were granted this in 1957, at a moment when the Mangalore foundation could easily be absorbed into the new unit. But, since Goa continued under the Portuguese till 1961, the Margao Monastery remained by itself till in 1964, that community, too, became part of the Manjummel Province. The following year – 1965 – saw a new foundation in Mysore.

The process of raising the Karnataka-Goa region into an autonomous province was initiated in 1978, and the unit was first constituted into a General Delegation in 1979.

The Superior General of the Order, Rev. Fr. Philip Sainz de Baranda, then on a pastoral visitation of the Order in India, established the Karnataka-Goa Province on March 12th 1981.

Location Map

This province, set up under the patronage of the great St. Teresa of Jesus of Avila, is now represented in many dioceses of Karnataka, Maharashtra and Gujarat, apart from the communities in Goa. Since 1992, a mission in Tanzania has been entrusted to this province, some of whose members are also serving various countries in the East, West and Middle East.
PROVINCIAL COUNCIL
2014—2017

Provincial
Fr. Charles Serrao OCD

I Councilor
Rev. Fr. George Santhumayor OCD

II Councilor
Rev. Fr. Silvestre D’Souza OCD

III Councilor
Rev. Fr. Lawrence D’Cunha OCD

IV Councilor
Rev. Fr. Jerome Moras OCD
History of Canadian Carmelite Community

I Phase (2000 – 2007)

In 2000, the Archdiocese of Vancouver was introduced to the Karnataka-Goa Province of India by Father Jerome Moras, OCD.

In 2002, then Provincial, Father Joe Tauro, OCD and the Provincial Council decided to send two Friars to the Archdiocese of Vancouver to work in the parishes and then to expand Carmelite Charism and assist the Secular Carmelites.

July 24th 2003 – On this date, Fr. Jerald D’Souza and Fr. Mario Fernandes began their first missionary journey to the Archdiocese of Vancouver, British Columbia, Canada.

Lourdes and Greg Torroba, Larry and Susan Hauck greeted them on their arrival and took them to their destinations. Fr. Mario was assigned as Assistant to Star of the Sea Parish at White Rock and Fr. Jerald D’Souza was assigned as Assistant to All Saints Parish, Coquitlam.


In 2006 Fr. Mario Fernandes was appointed as Chaplain at St. Paul’s Hospital.

October 2006: Fr. Jerald D’Souza was asked to take charge as Administrator of Guardian Angels Church, Vancouver, a parish which had various complicated and challenging situations to resolve.

Fr. Jerald D’Souza at Guardian Angels Church and Fr. Mario Fernandes at St. Paul's Hospital became the foundational roots for the Carmelites to begin a new era in Canada. Over the years, these two roots have strengthened the emphasis on Carmelite Spirituality and brought together the scattered members of Secular Carmelites around them in this Archdiocese.

II Phase (2007-2009)

2008: The decision of the General Definitory in Rome brought the Canadian Civil Provinces of British Columbia and Alberta under the Carmelite Province of Karnataka-Goa (India). In this decree, it was declared that the Convents of our Carmelite Nuns and the Secular Carmelite Communities will be under the jurisdiction of this same Indian Province.

June 1st 2008- Fr. Jerald D’Souza was appointed Provincial Delegate for the OCDS of the Region of British Columbia and Alberta. He has done and is doing fantastic work with them,
boosting the numbers to the levels we could not imagine and enriching their spirituality through courses, retreats, meetings and workshops.

During this year (2008), Fr. Archibald Gonsalves, Fr. Gregory D’Souza, Fr. Shabas Crasta, Fr. Pius James, and Fr. Dominic Vas were the visiting friars from the Province. Definator General, Fr. Stephen Watson, made a pastoral visitation.

August 2008 - Fr. John Pinto and Fr. Gabriel Dias joined the team of Carmelites.

III Phase (2009-2011)

St. Edmund’s Church (North Vancouver)
At the beginning of 2009 – Fr. Jerome Mascarenhas arrived from India to serve the Archdiocese and stayed at Guardian Angels until he received his appointment to be the Assistant Pastor at St. Edmund’s Church.

July 2009 – Fr. Ranjan D’Sa came to Canada from the U.S.A. and was commissioned to serve as the Assistant Pastor at the Holy Trinity Parish, North Vancouver, B.C. Fr. Ranjan spent his valuable time in preaching, teaching and serving at this parish until he moved to London, Ontario in 2012.

July 2009 - Fr. Jerald D’Souza was appointed as the Pastor of St. Edmund’s Parish, North Vancouver where he supervised various renovations within the Parish.

2011 - St. Edmund’s Church celebrated 100 years with a great gathering of people and clergy. Renovations to the church and rectory were completed in 2012; and began the challenge of plans to renovate the school building.

October 2nd 2013 - Fr. Godwin Pinto joined the Parish Community as Assistant Pastor at St. Edmund’s.

St. Thomas More Church (Calgary Diocese)
June 2009 - Fr. John Pinto with Fr. Gabriel Dias took charge of one of the biggest churches in the Calgary Diocese. Fr. John Pinto’s innovative and creative initiatives have made this parish one of the important centres of devotion, Indian Immigrants’ gatherings and added the cultural colour of the Filipino community. This parish hosts a program for the poor and the homeless on weekends and caters to hundreds of immigrants. Fr. Melvin Pinto joined the community in August 2nd 2012 as Assistant Pastor and has been a great support working tirelessly to promote the cause of the Tanzania Mission.

Guardian Angels Church (Vancouver)
August 14th 2009 - Fr. Rudof V. D’Souza joined the Carmelites in the Vancouver area and was nominated Regional Superior by Fr. Archibald R. Gonsalves (Provincial) and Administrator at Guardian Angels Church. On March 19th, 2010 he was installed as Parish
Fr. Rudolf renovated the church interiors with new carpeting throughout the church, installing a new Tabernacle with a new altar, painting the mural of the Church with two huge three dimensional Guardian Angels carved in wood. In 2011, the plain windows of the entire church were replaced with beautiful stained glass windows making it a Carmelite Parish with windows depicting St. John of the Cross, St. Teresa of Avila, St. Therese of Lisieux and Mary Mother of Carmel in stained glass and with a Carmelite Symbol stained glass installed at the rear entry of the Church. The roof of both rectory and church were renovated with a lot of work in the rectory itself completed.

Catering to Homeless and Poor
This ministry to the poor and the homeless has taken a big step in Guardian Angels Church catering to hundreds of people daily. In 2013, more than 37,000 sandwiches were distributed. The 25 volunteers do a marvellous job. A report was published in the BC Catholic newspaper.

St. Andrew the Apostle Church (London Ontario)
October 2011 - Fr. Ranjan D’Sa took charge of St. Andrew the Apostle Church; a lot of effort went into renovating the church. Fr. Ranjan has been teaching in the local seminary and organizing seminars and workshops on Carmelite spirituality whenever requested. He has brought about lot of changes to the way the parish had previously been working. The number of parishioners have gradually increased.

April 26th 2011 - Fr. Vijay Martin joined Fr. Ranjan D’Sa to work in St. Andrew the Apostle Church. In July 2012, Fr. Stany Mascarehnas joined the Parish Community and worked at the Cathedral as Assistant Parish Priest.

May 2nd 2011 - Fr. Boniface C. D’Souza began his chaplaincy in St. Paul’s Hospital, Vancouver.

IV Phase (2012-2014)

St. Aloysius Parish, Kitchener, Ontario (Hamilton Diocese)
June 27th 2012: Fr. Jerome Mascarenhas took charge of St. Aloysius Parish along with Fr. Vijay. They renovated the church interior putting new carpeting in the church, and a new The Lost Child Garden is being created in which the Stations of the Cross and new statues were installed. They are also expanding the Secular Carmelite Community. After Carmelites took charge of the parish, the number of parishioners has increased.

St. Catherine’s Diocese
September 2012 - Fr. Mario Fernandes and Fr. Gabriel Dias were the first to start
working in this Diocese. Fr. Mario went to St Patrick’s Parish as Assistant Pastor in 2011 - 2012. In October 2012, he was appointed Parish Priest at St. Michael Parish in Dunnville, Ontario. On August 1, 2013, he was appointed Pastor to St Patrick’s Parish, Caledonia. The parish has 500 families with two schools educating 400 children.

October 2nd 2013 - Fr. Ronald Sequeira joined them to take care of St. Anne’s and St. Mary’s Church as Administrator. In a short period of time, he has achieved a lot in the parish with multiple pastoral activities, enhancing the quality of liturgy, choir, Sunday school, catering to neighbouring hospitals as chaplain, and involving others of different Christian Faiths for a better approach towards people through dialogue.

October 2014 - St. Anne’s Parish celebrated its Centenary. Due to frail health, Fr. Gabriel Dias returned to India on March 27th 2014..

Carmelite Parishes and Other Ministries
Currently, we have the following parishes ministering to large number of people:

a) Guardian Angels Church, Vancouver BC (Archdiocese of Vancouver) – Fr. Rudolf D’Souza

b) St. Edmund’s Church, North Vancouver BC (Archdiocese of Vancouver) - Fr. Jerald D’Souza

c) St. Thomas More Church, Calgary AB (Diocese of Calgary) – Fr. John Pinto and Fr. Godwin Pinto. Fr. Melvin Pinto has been appointed Rector of Sacred Heart Cathedral – Prince George since July 2014.

d) St. Andrew the Apostle Church, London ON (Diocese of London) - Fr. Ranjan D’Sa and Fr. Steny Mascarenhas. Fr. Alfredo Pereira had taken over from Fr. Steny and is in Residence at St. Andrew the Apostle Church.

e) St. Aloysius Church - Kitchener, ON (Diocese of Hamilton) – Fr. Jerome Mascarenhas and Fr. Vijay Martin. Fr. Vijay Martin opted to go back to India and he is being replaced with a new priest, Fr. Roshan D’Souza.

f) St. Patrick’s Church, St. Catharine (Diocese of St. Catharine) – Fr. Mario Fernandes

g) St. Anne and St. Mary’s Church, Prince George BC (Diocese of Prince George) – Fr. Ronald Sequeira has been transferred to Prince George Diocese as the Assistant to Fr. Melvin Pinto at Sacred Heart Cathedral.

h) Sacred Heart Cathedral, Prince George BC (Diocese of Prince George) - Fr. Melvin Pinto

i) St. Paul’s Chaplaincy – Fr. Boniface D’Souza now back in India and Fr. Rajesh Madtha has taken over this ministry from October 1st 2014.

j) St. Anthony of Padua, Agassiz BC (Archdiocese of Vancouver) - Fr. Steny Mascarenhas

Works in the Parishes
During this period our Friars invested a lot of effort in renovating buildings within their various parishes; using generous donations, we have beautified these churches with stained glass windows, roof repairs, carpets and renovating the old rectories etc.
Secular Carmelite Communities
We have improved the presence of Secular Carmelites in all our Parishes through talks, seminars and workshops on Carmelite Spirituality. Moreover, we have tried to recruit new vocations to Secular Carmelites here. Most of the credit in bringing the Secular Carmelites to this level goes exclusively to Fr. Jerald D’Souza who works tirelessly to bring them together and impart Carmelite Spirituality to them.

The communities are:
a) **St. Teresa of Jesus**: Venue at Guardian Angels Church, Vancouver
b) **St. Teresa of Jesus of the Andes**: Venue at Our Lady of the Valley Church, Coldstream, BC
c) **St. Joseph**: Venue at St. Thomas Church, Calgary, AB
d) **St. John of the Cross**: Venue at All Saints Church, Coquitlam, BC
e) **Our Lady of Mt. Carmel**: Venue at St. Edmund’s Church, North Vancouver

Bella Coola and Anahim Lake Mission
This mission is unique to Carmelites entrusted with Guardian Angels Church and St. Edmund’s Church. We go regularly flying an hour from South Terminal Vancouver to this mission mainly catering to native Indians. This mission is known for its picturesque sceneries and beautiful snow-capped mountains throughout the year. Both the parishes are entrusted with the Carmelites.

Vocations
**March 12th, 2013** two of our aspirants, Bro. Josef Giroux and Fr. Alfredo Pereira, left for the San Jose Novitiate for their Postulancy and to begin their Novitiate on **September 7, 2013**. They made their profession in the first week of September 2014. We have two potential aspirants who joined our community in **2014**.

Major Strides of Development
**2012**: Establishing Canadian Carmelite Charitable Society was a major leap towards stabilizing our presence in this region permanently, which took place in 2012 November and obtained **Charitable Status in August 2013**.

**June 2012**: We received a donation of 20 acres of land from Helen Chua Tiampo at North Deroche Road, Fraser Valley close to USA border including a beautiful house (2875 sq. ft. area). The property surrounded by lush green trees and plenty of open spaces. The Solemn inauguration of this Formation House and blessing of the Property took place on **September 11th 2012**.

**27th October 2012**: Fr. John Grennen OCD, the Definitor General made a pastoral visit to the Region and was happy to see the growing region of the Carmelites. He was extraordinarily excited to know that we have a piece of land where we would have our own spirituality centre and formation house.
July 27th 2013: A donation of 86 acres of land as a gift to Carmelites of Karnataka-Goa Province. This property has a wonderful landscape with lush green tree and a 3500 sq. ft. House with 4 bedrooms, a big hall, a kitchen and a sporting room and a huge garage at the basement with all the furnishing included. The property has a huge lake with plenty of water throughout the year and a number of pine trees for lumber and open spaces for cultivation. The location of this property is attached to Harrison Hot Springs Spa, an international Hotel Resort.

On December 27th 2013 the 88th Birthday celebration of Helen Chua Tiampo was held and we blessed the Foundation stone for the Little Flower Monastery.

October 4th 2014: Rev. Fr. Charles, newly elected Provincial, visited Canada and received the first two Canadians into the Carmelite Order. There was a solemn celebration of the Eucharist at Guardian Angels Church during which both Fr. Alfredo Pereira and Bro. Joseph Giroux make their first profession.

February 2015: With all the possible hurdles overcome, now the final architectural plan of Carmel Hill – Little Flower Monastery is ready for construction. The delay was caused by multiple factors presented by the Fraser Valley Rural Development Authority making provision for water supply, road construction, and the rezoning of the entire area for residential plots. The cost of the project is estimated at approximately 5 million CAD dollars (Rupees 25 crores), which in its own terms is a major project of the Carmelites Province that is realized today.

October 15th 2015 V Centenary of the Birth of Saint Teresa of Jesus: The Solemn Inauguration of Little Flower Monastery was presided by Most Rev. Michael J. Miller CSB, Archbishop of Vancouver in the presence of Provincial Rev. Fr. Charles Serrao, Bishop Frederick B. Henry, Bishop David J. Monroe, and our Carmelite friars totalling 50 priests with 700 guests in attendance.

December 28th 2015 the 90th Birthday of Helen Chua Tiampo was celebrated at Carmel Hill with Helen's family in attendance to mark her milestone birthday.

February 24th 2016: This date marked the one-year anniversary of the construction of the Monastery. The remarkable progress in such a short time can be seen in Album No. 31.


Fr. Rudolf V. D’Souza OCD
Regional Superior - Canada
History that leads to Carmel Hill

Carmel Hill, is a dream come true of the Discalced Carmelites of the Karnataka Goa Province (India) in Canada. It is virtually a dream of dreams that is getting shaped through the monastery being built in this picturesque green surroundings at Fraser Valley, British Columbia, Canada. The surroundings of this beautiful area is filled with lush green meadows, mountains and beautiful lakes.

It was in April 2012 when Helen Chua Tiampo agreed to donate a piece of land to the Carmelites through Fr. Rudolf V. D'Souza, that the seed of this great project was sown. After repeated discussions and meetings held with the estate planners and lawyers that finally a deal was struck to concretely find a land suitable for developing and realizing of the charism of the Discalced Carmelite Friars. At a meeting in the end of April, 2012 Helen C. Tiampo directed her secretary, Mr. Steve Creighton to look for the land. Since Steve is in the field of real estate, he looked for almost 6 pieces of land in the Mission area of British Columbia. We zeroed in on a property at Sylvester Street, which was 20 acres in dimension. But as we were about to strike deal to purchase this land, someone else paid a higher price and we lost this chance. "This was God's work, because God wants us to go elsewhere" said Helen and "we need to look for another piece". Then in 15 days of search finally there was a 20 acreage of land with a beautiful house. Helen personally took charge of finalizing the deal and she strongly affirmed that she wanted this piece of land as there was a beautiful mountain right at the edge of the Property. Immediately after the initial documentation was done, Helen herself exclaimed saying, “this land for the Carmelites is beautiful with a mountain attached, we can call it “CARMEL HILL”. This is just the beginning of the story…….

The Project Title: Formation House of the Discalced Carmelites.

20 rooms self contained, suite size (350 sqft); with the intention of multi purpose
Dining hall, chapel, library, lobby, laundry, meeting rooms etc.
Time line completion: 2015 June-July
Permission Granted from Fraser Valley Development Authority
Architect: John Clark
Executive body: Fr. Rudolf V. D'Souza, Darrell Wickstrom (Helen's lawyer);
Helen C. Tiampo; Steve Creighton (Helen's Secretary), Mr. Francis Wong
Start date: February 2015
On the cusp of the Year of Faith, there have been several moments of grace in the Archdiocese of Vancouver. So far this year a new Dominican Monastery has been built in Squamish, 18 men have been called to candidacy for the permanent diaconate, and now the Discalced Carmelites are making a new foundation, with a formation house for priests to be called "Little Flower at Carmel Hill."

Archbishop J. Michael Miller, CSB, blessed the foundation stone for the house Sept. 11, noting the significant moment. "We are here to celebrate a new exciting adventure of grace," Archbishop Miller said. "The formation house will serve, God willing, many Carmelite seminarians." He called the blessing a historic occasion, and said the home was the fruit of encouragement, financial support, and a great deal of prayer.

Carmelite seminarians will live and be formed at the house, located on a 20-acre property east of Mission just off the Lougheed Highway in the Deroche District. They will study philosophy and theology at Christ the King Seminary in Mission, 20 minutes by car from Carmel Hill. The Archbishop thanked the Discalced Carmelites for establishing a formation house in a relatively quick amount of time. The Order first came to Canada in 2003 and currently has priests serving at Guardian Angels, St. Edmund's, and St. Patrick's (Vancouver) Parishes.

The blessing came three weeks after the 450th celebration of the reform of the Carmelite Order by St. Teresa of Avila. Archbishop Miller pointed to the great saint's faith in God, which allowed her to reform the order and establish many monasteries, and said the Discalced Carmelites of today have taken up this project in faith, "convinced that it is one pleasing to God."

St. Teresa evangelized courageously, Archbishop Miller said, along with fellow reformer St. John of the Cross, in dangerous times. Today's world is also in "dangerous times," especially for one who proclaims the faith, he added. It is necessary to have a place of formation for priests "to be courageous witnesses to the Gospel.

"St. Teresa provides not only seminarians but all of us with a model to imitate," Archbishop Miller said. "In her time she evangelized without mincing her words, with unfailing ardour, and with great zeal, never giving in to inertia: a true model of the new evangelization."

A picture of another Carmelite Saint graced the foundation stone itself: "The Little Flower," St. Therese of Lisieux. The formation house will be named after her under her name, "Little Flower Monastery," when construction is finished in two or three years.

Father Archibald R. Gonsalves, OCD, the Provincial Superior of the Discalced Carmelites of Karnataka Goa Province; Father Rudolf V. D'Souza, OCD, the Regional Superior; 11 Discalced Carmelite friars, and many parishioners from St. Edmund's and Guardian Angels Parishes attended the blessing.

Archbishop Miller proposed the idea of a formation house for Carmelites in a meeting with Father Gonsalves last year. "We thought, 'Why couldn't we have (Carmelite) vocations from Canada?'" Father D'Souza said, adding many Carmelite priests had flowed into Canada, settling in the Lower Mainland, Calgary, and London, Ontario.

"Dear Bishop, your words of inspiration have made it possible for us to begin a formation house here," Father Gonsalves said after the blessing at Carmel Hill's chapel.
Once the project received the green light, donors were sought. Helen Chua Tiampo, a Guardian Angels parishioner for 30 years, provided a large donation to get the project started.

"I want my donation to be known publicly so others will donate," Tiampo said. She said she has been close to the Order her whole life; she actually once spent some time as a Carmelite nun.

"I thank Helen for this great gift," said Father Gonsalves, who joked that without her donation the Carmelites might have waited another 50 years for their house of formation.

Father Gonsalves also thanked Father D'Souza for his efforts to establish Carmel Hill. "He has been coming here day in and day out, supervising the work and taking on every minor detail. His work has made it possible for us to be present here."

With the request for more Carmelite priests coming from dioceses around Canada, Carmel Hill is coming at the right time, said Father Gonsalves.

"My wish is that along with the 12 priests already here (in Canada) there will be Carmelites from Canada to serve the Canadian church. I think this is our great dream and our prayer."
THE SKIT “The Typical Life of a Secular Carmelite”

THE REVIEWS “A picture speaks a thousand words”
Rev. Dr. Gregory D’Souza OCD, Zelator Missionum of our Province
April 9 to April 18, 2013 Visit

New piece of land added to Carmel Hill
September 24, 2014

Canada Regional Meeting
September 11, 2012

Former Fr. Provincial Archibald Gonsalves Visit
September 11, 2013

Rev. Dr. Gregory D’Souza OCD, Zelator Missionum of our Province
April 9 to April 18, 2013 Visit

New piece of land added to Carmel Hill
September 24, 2014
Well begun is half done! The Canadian Carmelites under the leadership of Fr. Rudolf V. D'Souza have taken another bold leap. The ground breaking ceremony of LITTLE FLOWER MONASTERY at Fraser Valley, 10789 North Deroche Road was held on December 27th 2013, the birthday of our generous and benevolent benefactor Helen Chua Tiampo. Though the day began with incessant rains making it difficult for the invitees to reach the destination on time; providentially it all subsided when the ceremony began. After Fr. Rudolf gave an introduction he blessed the site and excavated the ground followed by Helen. Fr. Jerald D'Souza introduced the reading from the Scriptures for reflection and Fr. Boniface D'Souza prayerfully read out the Psalm. The Secular Carmelites sang the Flos Carmeli and Salve Regina solemnizing the occasion. Mr. Francis Wong along with Mr. Stewart Hayashi prepared the ground for the celebration with all the needed items and food. Helen was invited to cut the Birthday Cake and officially release Fr. Rudolf's 27th Book: AND IT YIELDED A HUNDRED FOLD. There were approximately 55 people present for the occasion.

The construction work will begin in Mid-January 2015 after mid-winter and the target date for the inauguration has been fixed as October 15th July 2015.

Fr. Rudolf has toiled hard with determination to obtain all permissions from the Fraser Valley Rural Development Authority with preparation of the Architect’s Final Drawings of the building, landscaping and car parking facilities. There is additional good news that the Fraser Valley Rural Development Authority has identified our area as the potential block for housing and residential sites and have begun a road widening project that leads to our property. While we request your prayers for this mega project that will help us implant our Order in Canada, we salute the heroic efforts of Fr. Rudolf in shouldering this immense responsibility!
The Blessing ceremony of the construction site of the Little Flower Monastery cum Spirituality Centre was solemnly conducted by Rev. Fr. Rudolf V. D’Souza on his 28th Priestly Ordination Anniversary at 11:30 a.m. on February 24th. Alfred Horie Construction Company had its equipment at site, and Mr. Steve Paione, the chief Managing Director, initiated the cranes to uproot approximately 100 mighty trees symbolically to begin the construction work at the site immediately. Members from Guardian Angels Parish, Secretary Riz Geronimo, Oscar and Heidi; members from St. Edmund’s Parish and Secular Carmelites Molly Diaz, Marilyn, Susan and Larry were present. Mr. Francis Wong the accountant and Mr. Stewart Hayashi, the investment in charge, were present to grace the occasion. Representatives from the local First Nation Community were present too. Helen Chua Tiampo, Fr. Rudolf’s benefactor, was specially honoured on this occasion and she advised that the construction be successfully completed for its inauguration on October 15th this year, the Birth Centenary of St. Teresa of Avila. We are grateful to all the members present including Fr. Steny Mascarenhas and Bro. Josef Giroux who made fine arrangements for the blessing ceremony. We are grateful also to lawyers: Mr. Darrel Wickstrom, Mr. Jim Leith and Helen’s Secretary, Mr. Steve Creighton, for their support and advice on this great venture.
ALBUM NO. 1 (a) (FEBRUARY 24th – BLESSING OF THE SITE)
ALBUM NO. 2 (12-03-2015)

On this day we obtained the official building permit, which you will find on the yellow sheet. The work is in full swing and the workers are enthusiastic. Bro. Josef OCD is a permanent resident at Carmel Hill, working and guarding the property day and night.
ALBUM NO. 3 (March 19th, 2015)

You will find in some photos the entire mountain at the background and the leveled area in front of it. That is the place where we build our monastery. In fact the mountain will be the real background of our monastery being practically at the centre. Hence, Carmel Hill name very well suits this landscape. Partial material has been arriving at the site. We also found some huge boulders in the foundation area; which will be blasted shortly.
ALBUM NO. 3 (a) (March 19th, 2015)
ALBUM NO. 4 (MARCH 23rd to 26th, 2015)

These photos will let you know exactly in one month duration the foundation for the construction is being laid in a place where it was thick forest and approximately 3 metres high hill and mud has been brought down to the level of the existing house nearby. If you see the site blessing photos on February 24th (Construction site progress photos album no 1) and now (March 26th) you will notice the rapid progress of the work and the amount of soil moved to another location nearby. Helen tried her best to operate the bulldozer.
ALBUM NO. 5 (March 26th to 30th, 2015)

The foundation work is on and the concrete is being poured. The bulldozers at work digging a trench for the water supply from the municipality tank to the construction site. The rapid progress will transform the site into an active work zone for the ongoing construction of the Monastery. Dennis, Allan and Robert fully concentrated in work.
ALBUM NO. 6 (April 1st to 8th, 2015)

The work progress is rapid and looks like an hectic zone. The plumbing work has begun and also the water line progress is on from the municipality. The huge pipes at the site gives an impression of the quickness of the work taking place. We specially thank Dennis, Allan, Robert and Mark for their dedication along with other wonderful members of the work force at the site.
ALBUM NO. 7 (April 7th to 16th, 2015)

The water connection and sewer connections are done. You will find green and a red colored huge tanks; they are meant for purifying the sewer water and will lead to a flat area where it is neutralized through power and that water is used for gardening or for irrigating plants. Moreover, we have completed the work of the water and heating connections beneath the foundation and you will find photos on the next page of all those black pipes protruding upwards which will be connected to 20 self contained rooms; halls and the Chapel. The ready-made CLT walls of the formation house are imported from Germany and as per the information we have gathered they should reach the site in the first week of June.
ALBUM NO. 7 (a) (April 7th to 16th, 2015)
The foundation work along with heating piping system and sewer piping work is almost complete. We are expecting a whole load of wood from Germany at the end of this month, which is called CLT 5 layered wood that would constitute the walls of the house. Other works in the campus such as water supply, electricity supply and landscaping is going on.
ALBUM NO. 8 (a) (April 17th to 27th, 2015)
ALBUM NO. 9 (April 28th to May 7th, 2015)

A lot of cable laying work is going on. The toughest job so far has been clearing the area and removing huge boulders from the campus. Hereafter beautifying work will begin. You can see the fire hydrant is already in place and water pipes are laid from the District Municipality water supply unit. After they give cable connections from the bottom of the foundation upwards as the floor heating system is to be set, final concreting task will take place. As you can see a portion of the foundation has already been laid with concrete.
ALBUM NO. 9 (a) (April 28th to May 7th, 2015)
ALBUM NO. 10 (May 8th to 12th, 2015)

You can see the work progressing steadily and material is arriving on site practically everyday. Bro. Joseph is taking good care of the property and is very keen on locking the gates and opening the gates for the workers. He must also keep vigil at night because of the heavy machinery that is there in the campus. You will see a big boulder which will be moved to the center of the lawn turn around in front of the monastery and a brass plaque will be placed in honor of the parents of Helen.
ALBUM NO. 10 (a) (May 8th to 12th, 2015)
ARCHITECT John Clark and Site Superintendent Dennis said this morning that the walls and roof of the Monastery are on the way from Germany. It is a special kind of wood that does not burn in case of fire. Moreover, these walls are so strong and flexible that one can put any number of nails into it and still it can be made to appear brand new. We can drill a hole and refill it with a special wood material and it will look as if nothing was damaged. These walls are 4” (inch) thick and strong. In other words these wooden walls are called CLT wooden blocks imported from Germany. Once the walls come to the site it will take the contractors 3-4 weeks to place them followed by the installation of the roof which will take another 2 weeks. Hence, by the end of July, the structure should be ready and the work of installing doors and windows and other finishings will begin. We were privileged to have a visit from Fr. Jerald D’Souza and Fr. Steny Mascarenhas this week.
ALBUM NO. 11 (a) (May 14th to 27th, 2015)
ALBUM NO. 11 (b) (May 14th to 27th, 2015)
ALBUM NO. 11 (c) (May 14th to 27th, 2015)
ALBUM NO. 12 (June 2nd to June 6th)
Now the foundation is concreted and finished. A few days it will be sprayed with water for settling and strengthening the concrete surface. The next move is to wait for the ready-made wooden walls and roof of the building; probable date for the consignment to arrive is the second week of this month. You can have an idea how far we have progressed in this project from these photos.
ALBUM NO. 12 (a) (June 2nd to June 6th)
Work progress is intense and the expected loads of wood from Germany has arrived. Three huge truck loads of CLT (Cross Laminated Timber) have arrived and seven more truck loads are on their way. In just five weeks you will see the hidden monastery mushrooming up which so far has been concealed with all the foundation work, piping, cabling and sewage and other systems being installed underground. We hope these photos will give you a better idea of the work progress at the site. The old missal and reading books are buried under the foundation.
ALBUM NO. 13 (a) (June 10th to June 15th, 2015)
ALBUM NO. 14 (June 17th to June 22nd, 2015)

After the foundation was laid, the next phase of construction began in the second week of June. The CLT wood from Germany has to be assembled and put in place. The huge Giraffe Crane will do this job; nonetheless it will take approximately another 5 weeks for the completion of its task. Then perhaps we have the next phase of construction: interior of the building. So far so good; and looking forward to completing this huge task in the first week of October this year. We thank Bro. Joseph Giroux OCD for taking care of the premises 24 hours and to Dennis for his assurance of doing his best.
ALBUM NO. 14 (a) (June 17th to June 22nd, 2015)
ALBUM NO. 15 (June 27th to July 8th, 2015)

During this time here in BC Canada it is hot and summer is simmering. At times we have wonderful weather too. BC is suffering due to 128 forest fires. That is why it is hazy and smoky. Here I bring you the latest photos of our construction. It all looks good and progressing. We have yet to receive 4 huge loads of CLT from Germany. We have already received 6 trucks. The towing company has to help these trucks get to the property from the main Highway no. 7. You can see in the photos the towing machines doing their job. We had a great time yesterday supervising the work that is going on. The workers and the engineering teams are upbeat. Dennis and Allan are very hopeful of finishing the job on time. They say that they have to work hard and at times overtime too. But it all looks promising.
ALBUM NO. 15 (a) (June 27th to July 8th, 2015)
ALBUM NO. 15 (c) (June 27th to July 8th, 2015)
ALBUM NO. 15 (d) (June 27th to July 8th, 2015)
ALBUM NO. 15 (e) (June 27th to July 8th, 2015)
ALBUM NO. 16 (July 10th to July 16th, 2015)

On this day when we celebrate Mount Carmel Feast we are getting a glimpse of the chapel of the Monastery. Partial roofing is done and the workers will begin mounting the panels and planks on the other side of the monastery shortly. All looks good. We are in the process of preparing a souvenir for the inauguration of our monastery on October 15th; and we are bringing out the first edition of CARMEL HILL bulletin on this day of the Solemnity of Our Blessed Mother of Carmel July 16th, 2015. Wish you a wonderful feast and do continue to pray for the completion of this maiden foundation in Canada. We request you all to whisper a prayer for the intentions of Helen Chua Tiampo.
ALBUM NO. 16 (a) (July 10th to July 16th, 2015)
ALBUM NO. 17 (July 19th to July 23rd, 2015)

We are in mid-summer. I want to bring you the latest news and updates of Carmel Hill Canada. The construction work is on and in full swing. The contractors have an uphill task to finish the job on time. We all pray for them. Bro. Joseph Giroux OCD is keeping them happy with GAUDEAMUS every alternative day after their work offering them snacks and coffee. I visited the site with Helen a number of times and each time when we enter the site something new is ready to behold. Someone commented that this construction looks like a cardboard edifice; but you are wrong. This type of construction is very popular in the USA and Canada and also in many parts of Europe. It is said that in UK they are building a 10 story building with this material. The CLT (Cross Laminated Timber) has a life-time of 150-200 years; and it is low maintenance and strong. Our contractor once said that if the concrete buildings can last 100 years, the CLT building is assured to last more than 150 years. Well, after these 150 years certainly there will be new technology to rebuild Carmel Hill and a brand new generation of Carmelites who perhaps will think of putting up 25 to 30 storey monasteries and preach God's Kingdom from the top of these high-rise buildings. All the best and God bless.
ALBUM NO. 17 (a) (July 19th to July 23rd, 2015)
ALBUM NO. 17 (b) (July 19<sup>th</sup> to July 23<sup>rd</sup>, 2015)
ALBUM NO. 18 (July 24th to July 30th, 2015)

Here in Canada it is summer and in India it is monsoon season. These are the photos of our construction at Carmel Hill. You can see in this album the work is in real progress and the workers are catching up with the task at hand with the deadline in their mind. All looks good. You can see for yourself the progress that was achieved in just 5 months from February 24th. I enclose here also a report of the Architect who has given an explanation for the wooden structure, which is not well understood in Asian countries as we Asians are all accustomed to concrete structures. As I have seen here in North America 75% of the residential structures are made in wood and only in big cities where the structures are multi-storied they are constructed in concrete and glass. The explanation on pages no. 97 to 98 of this souvenir program is self explanatory and also in accordance with the teaching of Pope Francis who has given a clarion call to protect environment in his encyclical: LAUDATO SI.
ALBUM NO. 18 (b) (July 24th to July 30th, 2015)
Rationale for using Cross Laminated Timber (CLT) for the construction of the Canadian Carmelite Charity Society Formation House

The BC Building Code required that the CCCS Formation House be constructed of materials capable of providing a 1 hour fire resistance rating. This meant only two options were available for this project, solid wood construction (CLT) or concrete. We chose and support the use of CLT (wood) for the following reasons:

- is less expensive than concrete
- takes less time to construct
- achieves the 1 hour fire rating required
- is a far superior environmentally friendly product
- has greater heat insulation properties than concrete for the Canadian climate
- has an aesthetic relationship to the surrounding natural environment
- has excellent earthquake resistant properties (can be repaired unlike concrete) responds directly to the Pontiff’s message on sustainability and the environment.

Other Reasons for using CLT (wood)

- Concrete requires five times the amount of energy to produce as a ton of sawn softwood and steel (rebar used in concrete) requires 24 times more energy than wood to produce. Wood is 350 times more insulative than concrete meaning less energy is needed to heat and cool a wood building.
- CLT has a lower carbon footprint than concrete
- CLT is a renewable resource, concrete is not

Concrete in 3rd world countries is less expensive than in North America because labour costs in 3rd world countries are a fraction of labour costs in North America. Labour in 3rd world countries is unregulated and typically exploits the poor with exposure to unsafe working conditions and Cement generates 1.5 billion tonnes of carbon dioxide (CO2) per year, which accounts for five percent of the total CO2 production in the world.

Concrete is still required for the footings and underground structure of this project. The goal was not to entirely eliminate the use of concrete but rather minimize its use and supplement wherever possible with environmentally friendly wood product. The manufacturing of cement (one ingredient of concrete) creates large amounts of pollution, requires vast amounts of electricity, and in 3rd world countries where less stringent codes are employed concrete contributes to high death tolls due to collapse.

Concrete also uses one billion tonnes of water annually. Add to that the nine billion tonnes of aggregate used for concrete, which has a depletion effect on natural resources, and it can be surmised concrete properties themselves are not going to save the environment.

Concrete is one the world’s leading contributor’s to increased carbon pollution and wasting of natural resources. By using CLT (wood) is a direct response to the Pontiff’s message and serves to lead by example with real change in the way we co-exist and respect our surrounding environment for today and our children’s future tomorrow.
Rationale for using Cross Laminated Timber (CLT)

The Pontiff’s Environmental Message

Up to now, he says, the world has accepted a “cheerful recklessness” in its approach to the issue, lacking the will to change habits for the good of the Earth.

“Climate change is a global problem with grave implications: environmental, social, economic, political and for the distribution of goods,” the papal statement says. “It represents one of the principal challenges facing humanity in our day.”

Encyclical Letter *Laudato Si’* of The Holy Father Francis on Care For Our Common Home

*My appeal*
13. The urgent challenge to protect our common home includes a concern to bring the whole human family together to seek a sustainable and integral development, for we know that things can change. The Creator does not abandon us; he never forsakes his loving plan or repents of having created us. Humanity still has the ability to work together in building our common home. Here I want to recognize, encourage and thank all those striving in countless ways to guarantee the protection of the home which we share. Particular appreciation is owed to those who tirelessly seek to resolve the tragic effects of environmental degradation on the lives of the world’s poorest. Young people demand change. They wonder how anyone can claim to be building a better future without thinking of the environmental crisis and the sufferings of the excluded.

14. I urgently appeal, then, for a new dialogue about how we are shaping the future of our planet. We need a conversation which includes everyone, since the environmental challenge we are undergoing, and its human roots, concern and affect us all. The worldwide ecological movement has already made considerable progress and led to the establishment of numerous organizations committed to raising awareness of these challenges. Regrettably, many efforts to seek concrete solutions to the environmental crisis have proved ineffective, not only because of powerful opposition but also because of a more general lack of interest. Obstructionist attitudes, even on the part of believers, can range from denial of the problem to indifference, nonchalant resignation or blind confidence in technical solutions. We require a new and universal solidarity. As the bishops of Southern Africa have stated: “Everyone’s talents and involvement are needed to redress the damage caused by human abuse of God’s creation”.

[22] All of us can cooperate as instruments of God for the care of creation, each according to his or her own culture, experience, involvements and talents.
ALBUM NO. 19 (August 1st to August 12th, 2015)

At this point the entire external structure of our monastery is complete. Now the interior design work and the final insulation of the roofing will start shortly. The big crane will be removed from in front of the building in another two days. Then the leveling work of the monastery grounds will begin. Lots of work is pending but the contractor is quite confident to finish the job before October 15th. Here in Canada especially in the West Coast the climate has gradually become sober and the temperature is quite pleasant. The workers at our campus feel comforted due to change in the climatic conditions. We all look forward to this wonderful day of the inauguration on October 15th at 11 am. Fr. Jerald D'Souza has already mailed invitations to more than 170 destinations: parishes, convents and religious houses in Canada. We have also mailed a copy of the invitation to the Province Website and the Province Secretary has sent to all the members of the Province a personal invitation through email. Mrs. Molly Diaz is working on the Souvenir Program to be released on the occasion. Helen Chua Tiampo has already imported Mass Vestments for the occasion and each priest will be gifted with one vestment in remembrance of this great event. We continue to pray that this project will be a great success in the Vancouver Archdiocese with the special Blessing from our Shepherd Archbishop Michael Miller CSB.
ALBUM NO. 19 (b) (August 1st to August 12th, 2015)
LITTLE FLOWER MONASTERY—LATEST ARTWORK

Our monastery will look like this when completed. This is the latest illustration which is a typical rendering of the would-be structure.

ALBUM NO. 20 (August 14th to September 3rd, 2015)

The work is satisfactory according to the contractor, Mr. Steve Paone and he said, “we will get there on time for the inauguration.” Just a few days ago BC Hydro installed electrical connection and water connection. You can see at the north end of the property, a huge tank is being installed underground which will regulate the flow of water to the facility. When the building looks almost complete externally, a lot of interior designing work is pending and moreover furnishings are to be completed as well. That does not discourage us but we need to intensify our efforts. We have ordered some Chapel items from Belgium and pews from Toronto. Some more items are on the way. The paving of the ground in front of the building will be partially done before the inauguration; but the ground will be leveled for this event most certainly.
ALBUM NO. 20 (a) (August 14th to September 3rd, 2015)
On September 10th we visited the construction site to arrange for the sound system and other necessities for the inauguration on October 15th. The work progress is remarkable and on one side of the building we could see the final construction work being completed. Since we expect 500 guests for the event, we had to think ahead and arrange for chairs, tents and a sound system. Fr. Jerald D’Souza is entrusted with the Liturgy apart from some acoustic arrangements for the Eucharistic celebration. He was with two of his parishioners, one being in charge of the choir and the other who will provide a sound and microphone system. We had a surprise visitor during this time. A deer was grazing on the campus. We clicked some photos and the deer went on its way to Carmel Hill.
ALBUM NO. 22 (September 21, 2015)

As we are getting closer to the day of the Inauguration, here are a few photos taken on September 21. The construction work is proceeding well and the final touches on the building exterior are in progress. We are planning the spiritual side in preparation for the Inauguration. We will see you soon on October 15th for a great and solemn celebration. Today’s extended weather forecast for the next 25 days, into the week of the Inauguration of the Little Flower Monastery, shows that October 15th is the only bright day without any showers. Hoping to have the forecasted weather conditions for that day remain stable. God bless.
ALBUM NO. 23 (September 24 to September 25, 2015)

These photos taken before the inauguration will be posted on website to complete the series of the photographs for our records. These photos were taken between September 24-25th as the work progressed. During this time the work force concentrated on getting the compound ready for the inauguration. It had to be concreted and the road had to be asphalted.
ALBUM NO. 24 (September 25, 2015)

Photos clicked between September 28th and following indicate the ground was ready with sand and rubbles for concreting. The sign-bearing huge stone was moved to the centre and the round about was being architecturally planned. More details in the photos.
ALBUM NO. 24 (a) (September 25, 2015)
ALBUM NO. 25 (September 29 to October 9, 2015)

Watch these photos for fun. A lot of work had to be completed before the inauguration. These photos will give a glimpse of the progress and the construction team hard at work.
ALBUM NO. 25 (a) (September 29 to October 9, 2015)
ALBUM NO. 25 (c) (September 29 to October 9, 2015)
ALBUM NO. 26 (October 23, 2015)

So far we have been posting photos of the Little Flower Monastery taken during daylight. Now you will really enjoy the photos taken during night time. Recently we received power to the facility but the exterior lighting and landscaping are yet to happen. Once that is done you will get a better picture of this campus. Now the BC Hydro has just installed lights for night vigilance and to brighten up the campus to keep away a few night visitors to the facility. I mean the deer and grizzly bears.
ALBUM NO. 27 (November 11 to November 20, 2015)

I am pleased to send you the latest photos of the ongoing work at the Little Flower Monastery. A few important things to keep in mind. First of all you will find a big green tank outside the building that is meant for propane gas for the use of the monastery; for cooking and the house heating system. There is also another wooden closet which was prepared for an emergency generator in case of power failure. Recently due to a heavy storm there was two hours power outage and this could happen in this mountainous area during autumn and winter. The landscaping work has begun around the monastery which will be completed within a month from now. You will see around the monastery yellow posts or you can call them pillars which are for beauty as well as for roof support. The parking lot in front of the building is almost complete. Shortly two automatic gates will be installed both at the lower entrance and at Alfred Horie Company entrance which is the immediate entrance as we move up to our facility from Highway 7. The interior work of another 10 rooms has yet to be completed.
ALBUM NO. 27 (a) (November 11 to November 20, 2015)
ALBUM NO. 28 (November 27, 2015)

On November 27th the workers at Little Flower Monastery were given a grand lunch arranged by Helen. We thanked the workers for their dedication and hard work. Mr. Dennis Cadrain introduced us and Fr. Rudolf expressed words of gratitude. On this occasion Francis Wong and Stewart Hayashi were present to enhance our joy. Fr. Rajesh and Bro. Joseph Giroux contributed their share to make this gathering vibrant. Here are a few photos of the ongoing landscaping around the monastery. When completed this campus will look extraordinarily beautiful and neat.
ALBUM NO. 28 (b) (November 27, 2015)
Thank you, Helen!

May God shower you with blessings in abundance.
ALBUM NO. 29 (January 15 to February 2, 2016)

The photos for this album were taken between January 15th and February 2nd. The main focus in this album is the installation of the generator which will provide the monastery with emergency power 24X7. As regulated by the Fire Department, there was a major change in the location of the methane gas tank from its proximity to the monastery building to an alternative location further away.
ALBUM NO. 29 (a) (January 15 to February 2, 2016)
You will notice that the landscaping work is complete and we have installed two remote controlled automatic gates at the main and rear entrances of the monastery. It is interesting to note that we have had quite a good number of students and people who wanted to come and spend their time at Carmel Hill. We have turned down their requests as we have yet to complete the work. We are waiting eagerly to receive the completion and occupancy certificates from FVRD who are also eager to see the work completed and to whom we are grateful. We are also working towards furnishing the rooms. The interior construction of the monastery is almost complete and the commercial kitchen work is in progress. The emergency generator for 24-hour uninterrupted power supply was installed in the last week of January.
ALBUM NO. 30 (a) (February 9, 2016)
Here are the first visitors to our facility. When we met Archbishop Michael Miller CSB recently, he stated that a Diocesan Spirituality Institute "Rosemary Heights" has been shut down due to maintenance costs and age of the building. As a result there are many groups who would want to come and use our facility. Already a few groups have booked our facility after April this year. This is very encouraging to us. Well, we will make the best use of this opportunity to diffuse Carmelite Spirituality and to be a great service to the people of God and to the Archdiocese of Vancouver.
ALBUM NO. 31 (a) (February 15 to February 24, 2016)
ALBUM NO. 31 (b) (February 15 to February 24, 2016)
ALBUM NO. 31 (c) (February 15 to February 24, 2016)
The new book *The Way Less Travelled*, is the 31st literary product of Fr. Rudolf V. D'Souza OCD. This compendium of 26 articles is a commentary on the *Way of Perfection* of St. Teresa of Avila, published by the Dhyanavana Publications of the Discalced Carmelite Friars of the Karnataka Goa Province (India). *The Way Less Travelled* is reader friendly that summarizes the doctrinal content of the *Way of Perfection* to make the work of the Saint easily accessible, so that *The Way of Perfection* may be *more often travelled*. This book will be released on October 15th, 2015 the closing of the V Centenary of the Birth of Saint Teresa of Jesus.

**Molly Diaz OCDS**

**ABOUT THE AUTHOR**

Dr. Rudolf Valerian D’Souza OCD is an internationally renowned author and speaker in the field of theology and spirituality. He is the author of more than 25 books, has created many audio programs and videos; and has preached and taught in many countries including Canada and USA. His books *When I Cannot Pray, A Mind Less Travelled, The Bhagavad Gita and St. John of the Cross, Awareness and Union with God, Meeting in God Experience, Seek and You will Find*, and *Wake Up* are some of his best literary productions and have been best sellers internationally.

Dr. D’Souza has a Masters degree in Spirituality and Sociology and holds a doctorate in Theology with a specialization in Spirituality. At present he is the Regional Superior of the Discalced Carmelites in Canada and pastor at Guardian Angels Church – Down town Vancouver (Canada).
Several events have taken place in the past 30 years that include collaboration with the Knights of Columbus in establishing the Columbus Millennium Tower in 2004; the publication of the fiftieth anniversary book and on October 2nd 2009, the solemn celebration of the 60th Anniversary of Guardian Angels presided by Most Rev. Michael Miller CSB, Archbishop of Vancouver.

Guardian Angels was entrusted to the Discalced Carmelites in 2006 and the first Carmelite friar to be appointed as the administrator was Rev. Fr. Jerald D’Souza, while Rev. Fr. Mario Fernandes was in residence as chaplain to St. Paul’s Hospital. In 2009 I was appointed the administrator and on March 19th 2010 was officially appointed as pastor. After a year Fr. Mario was transferred and appointed pastor to St. Patrick’s Church in the Diocese of St. Catharine and Fr. Boniface D’Souza took charge as chaplain of St. Paul’s Hospital until November 2013. Fr. Rajesh Madtha OCD replaced him in October 2014.

Since I took charge as pastor, significant renovations have taken place in the church building thanks to the generous contributions of Helen Chua Tiampo. The Tabernacle was shifted to the center, the mural was painted and two Guardian Angels installed on the mural. The church was decked with new carpeting. The tabernacle, vigil lights and the Easter candle holder were replaced with bronze ones. The major change took place when the plain glass in the windows of the church were replaced with stained glass representing Our Lady of Mt. Carmel and important saints of the Catholic
Church including three Carmelite ones: St. John of the Cross, St. Teresa of Avila and St. Therese of Lisieux. In 2012 the entire roof of the church was repaired and the rectory underwent significant renovations on the roof, kitchen and the parish administrative office. As instructed by the Archdiocese seismic upgrade had to be done as quickly as possible. The work began this year and will be completed shortly.

The Church initiated the Neo Catechumenal movement. The Couples for Christ Foundation for Family and Life (CFCFFL) began their spiritual ministry to couples and by way of public service the Guardian Angels Sandwich program began its activities successfully. This program has catered to hundreds of homeless and poor in the locality from Tuesday to Friday during the whole year from 2010 onwards. More than 30 volunteers help in preparing and serving the sandwiches to the needy. In 2013 and 2014 more than 38,000 sandwiches were distributed on an average per year to the poor and homeless. The major contributions to this program come from the generous parishioners and from the city food bank outlets like: Safeway, No-frills and Independent departmental stores. We continue to celebrate in the parish the major feasts like Our Lady of Mount Carmel, Guardian Angels Feast and other solemnities. Regular retreats and spiritual enrichment programs are conducted, including screening of Bishop Robert Barron’s Catholicism Series and other video programs which were offered to the parishioners.

May God Bless the parishioners of this wonderful parish.

Fr. Rudolf V. D’Souza OCD, Pastor

Live as though only God and yourself were in this world, so that your heart may not be detained by anything human.

St. John of the Cross
St. Edmund’s Parish in North Vancouver was established in 1911 through the faithful efforts of its first Pastor, Father Edmund Peytavin, OMI. The Church was dedicated to St. Edmund of Abington, Father Peytavin’s patron. The second Pastor, Rev. Julien Bedard, OMI oversaw the building of St. Edmund’s School. Since then, the Parish has been the centre of the Catholic Faith Community in the area.

I became the Pastor in July 2009 at which time St. Edmund’s Church was declared a Carmelite Parish. Since then, the Parish has been enriched by Carmelite Charism and has grown in numbers and enthusiasm. At a special installation Mass on January 30, 2011, I placed a first class relic of St. Edmund in a reliquary with the Knights of Columbus providing an Honour Guard. On October 15, 2011, a special Mass was held to mark the Centennial of the Parish. Archbishop Michael Miller of the Archdiocese of Vancouver, was the main Celebrant with many Clergy concelebrating. A marvelous banquet followed.

In 2012, extensive renovations were made to the Church and rectory. Since then, improvements continue to be made to the various buildings on the property. The Parish has many active organizations including the Catholic Women’s League, the Knights of Columbus, the Legion of Mary along with a Meditation Group. They all add greatly to the life of the Parish Community.

St. Edmund’s Elementary School carries on the tradition of educational excellence with a strong religious curriculum originally established by the Sisters of The Child Jesus. Currently, there are 215 students and a teaching staff of approximately 20. I am a member of St. Thomas Aquinas Secondary School Educational Committee. The school is located a few blocks from St. Edmund’s Parish.

The Parish Religious Education Program (PREP) is very active. Classes start in mid-September, preparing grades 1 to 7 students who are not attending a Catholic school for First Communion and Confirmation. The Rite of Christian Initiation of Adults (RCIA) is also offered.

Several events are held annually such as International Night where the Parishioners of various cultural backgrounds have the opportunity to introduce their unique cuisines, and the CWL Craft Fair in November which helps get everyone ready for Christmas by offering wonderful gifts for purchase. Numerous Carmelite-centered religious events occur throughout the year.

I have been blessed in having Carmelites serve as Assistant Pastors – Rev. Jerome Mascarenhas, Rev. Alfredo Pereira (though not a Carmelite while at St. Edmund’s, has now become a Friar), Rev. Godwin Pinto and currently Rev. Jaison Tellis. I thank God for the opportunity to serve my Religious Community and my Parish Community and, with His ever-present help, to continue.

Rev. Jerald D’Souza OCD, Pastor
The practical beginning of St. Thomas More Parish dates back to August 22, 1979 when at an initial meeting at St. Mark’s Church a Steering Committee was formed and the Bishop’s mandate to Fr. Hagel to start a new parish in northeast Calgary was activated. From a small core of 50 people or so, it has grown to a substantial population estimated at over 6,000 based on a total of about 2,000 registered families. That’s quite a growth in only a few years!

The first Mass in the parish was held on September 30, 1979 at St. Wilfrid School attended by perhaps 40 people which overflowed the classroom and spilled into the hallway – surely a sign of the intense growth that was to come! Subsequently, Masses were celebrated in the school gym, a location that served for almost six years. As the parish grew, the need to have a church and a church centre became more and more obvious. Through much prayer, thought, work, planning, and sweat, a great milestone was reached. On August 12, 1984, the sod was turned and so was another page in history. The patience and perseverance of contending with the many challenges of the construction process was rewarded when on July 14, 1985 Fr. Martin Hagel celebrated the first Mass in the new church. It was a grand day, surpassed only, perhaps, by the official opening ceremony and Mass on October 30, 1985 when Bishop Paul O’Byrne presided at the blessing of the church!

This parish was entrusted to the pastoral care of the Carmelites in August 2009. Fr. John Pinto OCD has been its Pastor and Frs. Gabriel Dias, Melvin Pinto and Godwin Pinto have been his Associate Pastors. After 36 years of the existence of the parish and 30 years since its dedication of the church building, this year the parish is celebrating 30 years of its dedication with a gala dinner on 23rd and 25th October dedication anniversary Mass celebrated by Most Reverend Bishop Frederick Henry.

Parishioners are involved in the following ministries and associations: Parish Pastoral Council, Finance Committee, Stewardship committee, Knights of Columbus, Catholic Women's League, Legion of Mary, Couples for Christ, Parish Youth Group, Children’s Liturgy of the Word, Christian Initiation with Children (RCIC), Initiation of Adults (RCIA) Pre-Marriage Preparation Team, Liturgy formation Team; Ministry of Hospitality, Altar Servers, Eucharistic Ministers, Lectors, Commentators, Choir Members, Musicians, Environment/Art & Plant Care, Social Committee, Coffee after Mass, Over 60’s Group, Bulletin Folding, Pastoral Health Care, St. Vincent de Paul, Bible Reflection, Inn From The Cold, Welcoming new parishioners, Maintenance Team, Church Cleaning and others.

St. Thomas serves five elementary schools, three elementary/junior high schools, one high school and one elementary/junior high school is currently under construction.

*Rev. John Alex Pinto OCD, Pastor*
We know that the Church is founded by Jesus on the foundation of human faith of the Apostles strengthened in the Holy Spirit. We have learned that the Church is the extension of Jesus Christ in this physical world. St. Paul allegorically calls it the Bride of Christ. Hence, the Church is the place where God’s People gather together in common brotherhood to confirm their divine privilege of salvation attained through the sacrifice of Jesus, the Son of God, whose witness they all become.

In John’s Gospel, Andrew was the first to be called by Jesus to be his Disciple. He had a unique role to play in the band of His Disciples: He brought people to Jesus. The Diocese of London, Ontario felt the need of another parish community in the northeast of the city to become a solid witness and proclaimer of God’s Kingdom and on June 15, 1965 officially erected a new parish under the patronage of St. Andrew the Apostle. The name of the parish was assigned by Bishop Carter in recognition of the distinguished service of Monsignor Andrew P. Mahoney, Vicar General of the Diocese at that time. The new church was in fact founded on the charismatic personality of Rev. Fr. John McMaster, who was its first pastor until he died on May 13 1973.

St. Andrew’s is located on Fallons Lane. This street was named in honour of the donor of the land, Joseph Fallon in memory of his wife Alice Fallon, a native of Mount Carmel, Ontario. The new church building of St. Andrew the Apostle was blessed by Bishop Carter on June 1966.

In June 1993, the Order of the Discalced Carmelite Friars of Malta Province was assigned to the Parish with Fr. Manuel Schembri OCD, as Pastor. In 1996 he was succeeded by Fr. Dominic Borg OCD who remained in office until 2010 when the Discalced Carmelites of Karnataka Goa Province, India officially took over the parish. The present pastor, Fr. Ranjan D’Sa OCD, was assigned to St. Andrew’s on November 1, 2010 and is the eighth pastor of St. Andrew the Apostle Church.

The various ministries of worship, caring and community building, teaching, liturgical, ecclesial and administrative help to keep St. Andrew’s a vibrant and loving parish community.

In 2016 St. Andrew the Apostle Parish will complete 50 years of its witnessing Christ and His Kingdom. In the last 22 years, it has proclaimed the same “Good News” through the prophetic voice of Prophet Elijah coloured in the teachings of the great Carmelite Saints. St. Andrew’s, through the decades, has become the melting pot of diverse spiritualities of East and West, Diocesan and Monastic but uniquely continuing the mission of St. Andrew the Apostle – bringing people to Christ.

Fr. Ranjan D’Sa OCD, Pastor
Our vision … with faith and confidence in God, to sustain community while embracing the challenges and changes of the future.

St. Aloysius Parish has come a long way since September 13, 1953 in its humble beginnings on as a seminary chapel. Then known as St. Jerome’s Parish, the church that began on the outskirts of Kitchener has grown from fewer than 200 families to more than 3,000. It is a landmark in the history of Kitchener. Thousands of people have grown tall in living their faith, working for social justice and peace.

This community was founded by a religious community of fathers known as the Congregation of Resurrection, then later given to the care of the Diocesan clergy. Now once again it has come under the care of a religious community, the Discalced Carmelites of the Karnataka Goa Province, India. The parish is relatively bigger in size and it also renders service to three schools, four senior homes, three hospitals and one high school.

Among the parish ministries are the Catholic Women’s League, Knights of Columbus, Legion of Mary, Young Adults, Children’s Club, Altar Boys and Girls, Men’s Study Group “That man is you”, Shawl Ministry, Children’s Liturgy, St. Aloysius Food Pantry. These ministries together with the hundreds of parishioners who volunteer their services and lend their assistance speak volumes of the community spirit.

Today our parish community reaches out to many young and old, poor and rich, troubled or distressed, and lives out the clarion call of Jesus to become the messengers of good news and hope. Every week we gather to tell and share the stories of faith and our lives. Our greatest desire and dream for the future, is to fulfill the command of the Lord, to continue to live and preach a message of peace and love.

Fr. Jerome Mascarenhas OCD  
Pastor
On August 1st, 2013 I began my priestly ministry at St. Patrick’s Roman Catholic Church, Caledonia in the Diocese of St. Catharine, Ontario. The history of St. Patrick’s goes back more than a century since 1856 with its first pastor as Rev. William Fitzgerald. Our Bishop is the Most Rev. Gerard Bergie.

I am blessed to have been appointed to this vibrant parish and I am trying my best to lead the parishioners to Jesus. This is a rapidly growing church community with two Catholic schools which I visit weekly to provide spiritual support.

Every first Sunday there is a children’s Mass at which the children participate in the Liturgy, serving, ushering, and music. Every third Sunday there is a youth Mass with music provided by the youth choir. There is Adoration during the week Monday to Friday for one hour each morning and every first Friday from morning until 10:00 p.m.

The various activities and organizations are the youth and children ministries, Friends of the Church, R.C.I.A, Faith Ministry, Respect for Life, Bible Study. Music Ministry, Knights of Columbus and the Catholic Women’s League. Through these we seek to engage and encourage others to a life-changing spiritual journey and building a loving, friendly community that worships God, and serves others. We place a high priority on teaching from the Bible and following the example of Jesus and in so doing impact and renew the community.

Fr. Mario Fernandes OCD
Pastor
I arrived directly from India for my appointment as Pastor of St. Mary’s Parish in Hagersville, Ontario and our mission church of St. Ann’s in Walpole, Ontario. This is my first visit to Canada and I have been in my parish for almost a year. It is my pleasure to work with my parishioners who are faithful, kind, generous and supportive.

We celebrated the 150th Anniversary of St. Ann’s on July 26, 2015. It was a wonderful celebration of two hundred in attendance with the Most Rev. Gerard Paul Bergie DD, Bishop of St. Catharines and the Most Rev. A.F. Tonnos DD, Bishop Emeritus of Hamilton and two former pastors, Fr. Sunny Sebastian and Fr. Paul Tennyson SCJ. Prior to my appointment, the parish also celebrated the 100th Anniversary of St. Mary’s.

We have a number of ministries within our parish such as the Catholic Women’s League, Knight of Columbus, Anawim Prayer Group and the youth liturgy with the children in the choir ministry and participation with all aspects of the Mass. We host a seniors card party and luncheon monthly. Other than the spiritual needs of the parish, we also cater to the needs of the sick and shut-ins at three nursing homes within our boundaries such as Anson Place, Parkview Meadows and Leisure Living.

St. Mary’s Catholic School is adjacent to the church. It is a small school of one hundred and thirty children from grades JK to 8. The children are open to religious celebrations and moral teachings. The entire school with the teachers and the principal gather together for Mass once a month. At Christmas the children participate in the Pageant on Christmas Eve. During Lent each grade conducts the Way of the Cross. We had seventeen first communicants this year. We are looking forward to the Sacrament of Confirmation taking place on Sunday, April 10, 2016.

Three adults were confirmed during the Easter Vigil Mass this year and we look forward to having more adults join the Catholic faith. We are hoping to have some of our youth participate in the upcoming World Youth Day in Poland in 2016.

I look forward with anticipation to continuing my ministry here at St. Mary’s and St. Ann’s Parish.

Fr. Victor Angelo Fernandes OCD
Pastor
Sacred Heart Cathedral is the mother church of the Diocese of Prince George, the main city in the central Interior of the Province of British Columbia, Canada. The parish was founded in 1914 and so has had presence in the city for just over hundred years. The present Cathedral recently celebrated fifty years of service to the local community. It is a unique and distinctive A-frame design constructed predominantly with wood which reflects the local environment. The bishop is Most Rev. Stephen Jensen who was installed in 2013. The Carmelites have been serving at the Cathedral since August 2014.

The Cathedral offers many services and activities to the parishioners and community at large. It hosts major diocesan events such as the annual Chrism Mass and ordinations. There are ministries such as the Catholic Women's League who meet regularly to organize campaigns for social justice and change, prepare receptions and volunteer their services as needed. The Knights of Columbus likewise are active and meet regularly. One important source of funding for their social justice activities are their popular monthly pancake breakfasts after the Sunday Masses bringing parishioners and families together.

Sacred Heart School is a vibrant part of the Parish. The School offers elementary education from Kindergarten to Grade Seven and will enrol about 150 students this September. Each class alternatively take turns to organize the monthly school Mass. The School also hosts a monthly Sunday Mass at which their families are invited to attend. Other events include the annual Christmas Concert, Remembrance Day Service, Stations of the Cross, First Reconciliation, First Holy Communion, Confirmation and Grade Seven Graduation Mass. The Children’s Celebration of the Liturgy of the Word is offered each Sunday during school terms.

The Cathedral is well served by parishioners who take care of the environment and the decoration of the interior. Each season of the Church year is marked by artful displays of banners and flowers. The exterior features very attractive gardens and flowers maintained by parishioners. Two years ago a new sign depicting the title, new logo and foundation date of the Parish was erected in front of the Cathedral.

*Fr. Melvin Pinto OCD Rector*
St. Peter’s Church began in 1966 with the Oblate Missionaries travelling monthly from Prince George, BC to celebrate Mass in the school gym. In 1968, English Catholics of St. Bridgid’s Parish, Archdiocese of York, Huddersfield, England, adopted Mackenzie as their mission whereupon Fathers John Roche, Leo Walsh, Harry Clark and six lay volunteers established and supported the community.

A trailer served as the community church for Catholics and United Anglicans alike. In September 1972, Fr. James Glendon was named the first resident pastor. A house was purchased to serve as a rectory and a chapel was built in the basement. The Parish Pastoral Council and the Catholic Womens’ League were established. The house burned down and Mass was again celebrated in the gym of the school which has since been closed.

Our present day church was built, and dedicated by Bishop Fergus O’Grady, OMI of Prince George on June 29, 1979. A beautiful grotto dedicated to our Lady was built in front of the church. The Oblates returned to Mackenzie from September 1988 to August 1991. There was no parish priest for two years until the arrival of Fr. Pier Pandolfo who ministered the parish with the support of other priests and religious from 1993 to October 2004. Upon his departure, priests came from Prince George to provide sacramental ministry and Sunday Eucharist.

In December 2014, I was appointed as the administrator of the parish and have brought Carmelite spirituality to this community. Along with the other feasts, we celebrate the Carmelite feasts, as well as St. Peter’s feast. Being prayerfully revived and taught are: First Friday Blessed Adoration, the Rosary, Divine Mercy, Our Lady of Mount Carmel scapular devotion. We have instituted a parish motto “Build the community of faith, pray for one another, forgive one another”. Community spirit is lived with fellowship after Sunday Mass, monthly potlucks and this year, with special Mother’s Day and Father’s Day blessings. Monthly pastoral, financial and liturgical meetings are held. Our St. Vincent de Paul pantry which feeds the poor is strong and vibrant. The condominium which was purchased for the priest residence is now rented out with proceeds going to St. Peter’s and I now reside in the church rectory. Our church community is alive and thriving.

Fr. Ronald Sequeira OCD
Administrator
St. Peter’s Cathedral Basilica, London, Ontario was built in a 13th-century French Gothic Renewal style between 1880 and 1885 and was raised to the status of a minor basilica on December 13, 1961 by Pope John XXIII. Guided tours are available to explain the history, decorative features and unique treasures of this magnificent and historical edifice. The bishop of the Diocese of London is the Most Reverend Ronald P. Fabbro CSB.

I was appointed to St. Peter’s, as an Assistant Pastor in November 2014. I quickly became involved in my new responsibilities with the various ministries particularly the Young Adults for Christ (YA4C), Homebound (Pastoral Care) and Altar Servers. In my prepared talks and retreats for the YA4C, I focus on the life of our Blessed Mother and the teachings of St. Teresa of Avila and St. John of the Cross.

Through the Pastoral Care Ministry we visit the elderly and the sick, hear confessions, give Holy Communion and administer the Sacrament of Anointing. Among the other ministries are the Children’s Choir who lead the music ministry twice a month at our Sunday celebrations; the Knights of Columbus Council with over 100 members give strong support to the Parish; the Legion Of Mary participate in the life of the parish with visits to families and the sick; the Community Outreach Committee assists with the immediate needs of the downtown community through a food bank and fellowship centre; the Prayer Shawl Ministry create shawls and distributes them without cost to the parishioners particularly those who are distressed and needy; and the Society of Saint Vincent de Paul provides outreach services of food, clothing, and household items to those in need. There is a Concert Series and other concerts throughout the year at which we welcome artists and groups.

Our Cathedral Basilica witnessed the Diocesan blessings in the form of a new Episcopal Ordination of an auxiliary bishop, Most Reverend Joseph Dabrowski C.S.M.A. and ordination of five new priests for the Diocese.

I hope and pray that the Lord will bless all our efforts in serving Him more faithfully.

Fr. Alfredo Pereira OCD
Assistant Pastor
As the Associate Pastor of St. Thomas More Parish, Calgary AB, I am pleased to present a brief message and information about our parish. Under the patronage of our heavenly Patron St. Thomas More and our parish motto “Together we are More”, Pastor Rev. John Alex Pinto OCD, Deacon Norman Dumais and the parishioners of St. Thomas More and myself, witness to Christ.

As a multicultural community of God’s family with 2,300 registered households, we proclaim and live the Gospel as a Eucharistic community. Our primary mission here at Saint Thomas More Parish is to build a dynamic and Spirit-filled community of faith, where everyone feels welcomed, loved and supported, and encouraged to live and grow in his/her faith, individually and collectively.

We also trust in Christ’s love and mercy for His people, and serve especially those who are in need, the sick, and the sinners; we seek to reflect those qualities of Christ in our celebrations, our ministries and in our interactions with each other. In this way we hope that after worshiping and serving God here in this faith community, we may one day come to join the Community of the Saints and Angels to rejoice and praise God eternally in heaven.

This year St. Thomas More and its community are especially blessed with the historical event of the thirtieth anniversary of the church building which was officially opened on October 30, 1985 although the beginning of our parish dates back to August 22, 1979. In this thirtieth anniversary, we can truly say, we have come this far by faith.

On behalf of the whole community of St. Thomas More Parish, I wish great success to our Little Flower Monastery at Carmel Hill, which will be inaugurated on the memorable day of October 15th 2015, the 500th Birth Centenary of St. Teresa of Avila.

Praying that, this house will help with the formation of aspiring new Carmelites and the growth of Carmelite spirituality all over the world.

Fr. Godwin Pinto OCD, Assistant Pastor
I would like to begin by expressing my immense joy and admiration for Fr. Rudolf V. D'Souza whose initiative in establishing a monastery and house of prayer in the Diocese of Vancouver is making dreams come alive here in Canada for the Discalced Carmelites of our Karnataka Goa Province, India. I have witnessed the excellent leadership and hard work which went into making this project a reality.

I arrived in Vancouver on September 29th 2014 and began my mission as a Roman Catholic Chaplain at St. Paul's Hospital on October 2nd a very memorable day in my life.

St. Paul's was founded by the sisters of Providence under the leadership of Mother Gamelin and today it is part of Canada’s largest Catholic healthcare organization. Its mission, inspired by the healing ministry of Jesus Christ, is that staff, physicians and volunteers are dedicated to service, support and respect of one another and it is under this environment that they meet the physical, emotional, social and spiritual needs of those they serve.

The main purpose of my work at St. Paul's is to serve as a source of spiritual and emotional support for patients, their families, as well as staff members. I provide sacramental ministry to the Roman Catholic patients, celebrate daily Mass for the hospital community and perform other liturgical and sacramental rites. I make daily rounds, much like a doctor, to check on the patients according to their greatest needs and provide pastoral assistance and counseling for patients and families in times of crisis. When requested, I also meet with non-Catholic patients to provide spiritual support and guidance.

As a chaplain, I value spirituality by nurturing the God-given creativity, love and compassion that dwells within us all. A chaplain has integrity by building relationships on honesty, justice, trust, and by respecting the diversity, dignity and inter-dependence of all persons. The Roman Catholic chaplain to St. Paul's Hospital is appointed by the Archbishop of Vancouver and so my pastoral ministry is in accordance with Catholic Doctrine and Canon Law and in obedience to the local bishop.

I have completed thirteen months of work at St. Paul's and I thank God for giving me such an important and rewarding mission in working with the sick and ask His strength that I cater well to the needs of the patients. In this short time, I have experienced lots of good memories and tough challenges with patients. Generally most are very welcoming and a fair few may show reluctance because of their fragile relationship with God and His Church. All these experiences have thought me to understand the true reality of life and authenticity of faith more clearly.

I am happy to work at St. Paul's and delighted to be part of this enormous institute. I will continue to strive and carry out my mission faithfully.

Fr. Rajesh Madtha OCD  
Chaplain, St. Paul’s Hospital
St. Anthony of Padua Parish is located in the friendly country atmosphere of the town of Agassiz, B.C. The first church building was built in 1913, but previous to that, the Catholic settlers attended Mass at the First Nations Mission Church of Immaculate Conception at Seabird Island. The Oblate Missionaries traveled up and down the Fraser River, serving the communities on a regular basis.

Mr. Arthur Agassiz, the pioneer name sake of the town, donated the land where the present church is located and the first church organ played by Miss Susie Miller, his long-time housekeeper and the first organist. The first church was blessed on October 12, 1913 by Most Reverend Timothy Casey, Archbishop of Vancouver. There were 10 families registered in the community at that time. In 1928, the parish was able to raise money to purchase a church bell and five statues from France. It is interesting to note that one of the original pioneers in the church, Mr. Emile Martin, had the unique distinction of being second cousin to St. Therese, the Little Flower.

St. Anthony of Padua was given the status of Parish in 1939. The first parish priest was Fr. Aidan Angle, OSB, and a rectory was built for his residence that same year. In 1950, because extensive repairs were required on the church, it was decided to construct a new rectory and church building which won an award for its design. A four-room school building was built for Religious Education programs in 1960. Renovations to the present church were done in 2006. The local Knights of Columbus (K of C) was selected for two awards in recognition of their tremendous volunteer efforts in this renovation project. Their volunteerism and generosity is most praise worthy along with the Catholic Women's League (CWL) who largely supported the purchase and installation of the appliances for the Parish Kitchen.

During the tenure of Fr. Dennis Flores in 2003, a stained glass window project was generously funded by individuals and families. Most notable is that one of the large windows behind the altar was donated by the Martin Family Estate, original pioneers in the parish. St. Anthony of Padua has become the administrator of Immaculate Conception Parish in Seabird Island, Our Lady of Fatima Parish in Chehalis, as well as the mission churches at Skowlitz and Cheam Communities.

The parish has approximately 150 families who are registered and active in the parish. There is an active and generous CWL & K of C who along with the numerous volunteers support the parish with their time, talents, and treasure. Parents are eager and willing to help in teaching the children in the Parish Religious Education Program (PREP), and so they continue to grow in our faith.

*We, the Catholic community of St. Anthony of Padua, relying on the Wisdom and Grace of God, unite ourselves to the call for renewal and transformation of our spiritual, social, and economic life.*

Now… in 2015, the Order of Discalced Carmelites (OCD) has assumed the responsibility of ministering to this parish. The parishioners have been very welcoming for which I am most grateful.

May God bless you!

*Fr. Steny Mascarenhas OCD, Pastor*
At Carmel Hill, a haven of peace of God, prayer and contemplation, I recall Elijah on the Mount Horeb and Our Lady of Mount Carmel. Here, I am like the guardian of the construction site. I have enjoyed very much my Carmelite journey for the past four years, but especially since the work of construction of the Monastery began last February 2015. I reside at Carmel Hill and assist in looking after the property and organizing the library.

I open the two gates to the grounds around 4 o’clock in the morning daily. I welcome the construction workers who arrive around 5 o’clock to start the day which ends at 6 o’clock in the evening. Once or twice a week, I organize a “Carmelite Gaudeamus”, Latin word which means “let’s rejoice” for the workers at the end of their shift. It is a simple and good snack of crackers, cheese, sausage, ham, bread, vegetables and fruits. We eat and drink, enjoy great conversation and rejoice together. The workers enjoy this little weekly break sitting around the table all together. They work very hard every day to reach the goal of completion on October 15, 2015 which will be an historical day, the Inauguration and Blessing of Little Flower Monastery.

I work for sure, but as a Carmelite. I pray as well following faithfully the daily Carmelite schedule – what we call the “horarium” of the Carmelite life: daily mass, meditation, prayers, breviary, reading of the Constitutions and Rules if not daily, definitely weekly, usually on Friday night, weekly adoration of the Blessed Sacrament; daily Rosary and daily Divine Mercy Chaplet, Lectio Divina (spiritual reading), writing my journal, and working around 4 hours a day. Sometimes I work more than 4 hours a day, as our Mother Saint Teresa of Jesus (of Avila) requests it for all of us Carmelites, and as Saint Paul wrote it “…we must work, if not we do not deserve to eat our daily meals”. For the daily Mass and weekly adoration of the Blessed Sacrament, I go to the nearby parish.

I wear my Carmelite habit as required. I love our religious habit. I am proud to wear it for God. For me it is a great grace of God to wear the religious habit, and all people here around appreciate that. They know more and more about the Carmelite Friars.

My Superior and Spiritual Director is Reverend Doctor Father Rudolf V. D’Souza, OCD. My religious name in the Order is Brother Joseph of the Cross and the Trinity, OCD

Brother Joseph Giroux, OCD
I was born in a little town of Kenha, Shirva; a part of Udupi Diocese in Karnataka, Southern India. I am the second son of Thomas and Celine Tellis and I have two brothers.

Responding to God’s call, I joined the Discalced Carmelite Order in 1998, after the tenth grade. Following four years of seminarian training I made my religious profession in 2002. I graduated with a Bachelor of Science in Psychology from Madras University and Bachelor of Philosophy from Pushpashrama, Institute of Philosophy, affiliated to Dharma ram Vaidya Kshethram. I pursued my theological studies at St. Joseph’s inter-Diocesan Seminary, Mangalore where I obtained my degree of Bachelor in Theology. I was solemnly professed on May 28, 2010 and ordained to the priesthood on April 27, 2011.

After my ordination, I was appointed as the Administrator of Ryshivana, a Centre of Inner Science and Contemplation for a year. Later I served at the Provincialate, the Administrative Centre of Karnataka-Goa Province, for a year. I also served in Austria for some time. Later, I was appointed as the Spiritual Father in the Formative Community in the Carmelite Monastery Goa. I once again served in Ryshivana, a Centre of Inner Science and Contemplation as the Assistant Director.

I recently arrived in Vancouver and have been assigned as the Assistant Pastor at St. Edmund’s Church, North Vancouver. I am very pleased to be in Canada and look forward to serving the parishioners of this Archdiocese. I feel very blessed that I will be among those witnessing the Inauguration of Little Flower Monastery, a most historical event of our Karnataka-Goa Province and our Canadian Carmelite Community.

May God bless Helen Chua Tiampo and may the Little Flower Monastery serve as a beacon to bring His people closer to Him.

Father Jaison Tellis OCD
Assistant Pastor
I was born on Feb 26, 1980 at Fajir, part of the Diocese of Mangalore in Karnataka, Southern India. My mother, Louiza D’Souza and father, the late Francis Xavier D’Souza, were blessed with seven boys and one girl, among whom I am the youngest. I have two other brother priests belonging to the same Indian Province of Discalced Carmelites.

With an ardent desire to be a Carmelite Priest, soon after grade ten, I joined the Discalced Carmelite Order on June 15, 1995 at Mapusa, Goa. Having received four years of fruitful seminarian training, I made my First Religious Profession on Dec 14, 1999 at the Carmelite Monastery in Margao. I graduated with a Bachelor of Arts from Karnataka State Open University, and Bachelor of Philosophy from Pushpashrama Institute of Philosophy and Religion, Mysore. I did my theological studies at St. Joseph's Inter-Diocesan Seminary, Mangalore, and received a Bachelor of Theology. My Solemn Profession was on May 27, 2007 and I was ordained to the priesthood on May 6, 2008 at Infant Jesus Shrine, Carmel Hill, Mangalore.

As an ordained Carmelite Priest, I served as Director of Seminary Students from 2008-2011, and thereafter pursued my Licentiate in Biblical Theology at St. Peter’s Pontifical Institute, also serving as Associate Pastor at St. John the Baptist Parish, Bangalore, from 2011-2013. I also served as an Associate Pastor at St. Joseph’s Parish, Mumbai, from 2013-2015. Having such a profound pastoral experience of serving the Church in India, I accepted my new mission to serve the Church in Canada. I arrived on 23rd November 2015 to St. Aloysius Parish, Kitchener, Ontario where I was appointed as the Associate Pastor.

**Fr. Roshan D’Souza OCD**  
Associate Pastor
As a Silver Jubilarian, after fruitfully completing 25 years in the Garden of Carmel, I entered Canada in January 2016.

After my ordination in 1998, I was appointed as the Vocation Promoter for the region of Mangalore and Udupi Districts of Karnataka State in India, following which I was assigned to the Tanzania and South Africa Mission. Upon returning to India I was appointed the Assistant Director of Dhyana Sadhana Spirituality Center. During my next assignment as Master of Theology Students, I was blessed with the noble task of mentoring quite a few young Carmelite Seminarians who were on the threshold of receiving Sacred Orders. In 2012 I was sent to the Philippines to pursue my doctorate in Counseling Psychology. As of now I am a pre-doctoral intern and am currently preparing my dissertation.

I have been assigned with the additional task of spearheading the new community of Little Flower Monastery at Carmel Hill, the first monastery in Canada for the Discalced Carmelites of Karnataka-Goa, India.

My brother priest who himself was a great musician inspired me to compose hymns in my mother tongue. With his inspiration and with the help of God I was able to produce nearly ten musical albums, one of which was awarded ‘Best Global Konkani Album of the Year, 2008’. I too have tried my hand in writing poetry, and have succeeded in writing a few and published an anthology. To my surprise this anthology received ‘Best Konkani Poetry Book of the Year, 2007’. Since its inception in 2010 I was able to contribute a regular humorous article for our Carmelite Konkani monthly magazine ‘Naman Ballok Jezu’. I do like youth animation, retreat preaching and I think I will become a professional counselor one day, God willing.

Fr. Alwyn Sequeira OCD
Superior

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Richmond BC Canada V6Y 3Y3

Meetings: Every 2nd Saturday of the Month
Place: Guardian Angels Church, Vancouver BC
Time: 9:00 a.m.

St. Teresa of Jesus Community
with Fr. Steny Mascarenhas OCD
St. Teresa of Jesus of the Andes Community

Meetings: Every 4th Sunday of the Month  
Place: Our Lady of the Valley Church, Coldstream BC  
Time: 1:30 p.m.

St. Joseph Community with Fr. Jerald D’Souza OCD

Meetings: Every 4th Sunday of the Month  
Place: St. Thomas More Church, Calgary AB  
Time: 1:00 p.m.
St. John of the Cross Community
with Fr. Steny Mascarenhas

Meetings: Every 1st Saturday of the Month
Place: St. Edmund’s Church, North Vancouver BC
Time: 9:00 a.m.

Our Lady of Mt. Carmel Community
with Fr. Steny Mascarenhas

Meetings: Every 3rd Saturday of the Month
Place: St. Edmund's Church, North Vancouver BC
Time: 8:15 a.m.
Come and See

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The Order of Discalced Carmelites
Canadian Carmelite Community
http://www.cccocd.org/

Our Lady of Mt. Carmel
Patroness of the Order of Discalced Carmelites
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**BN/Registration Number:** 814108346RR0001  
**Charity Status:** Registered  
**Effective Date of Status:** 2006-11-14

**The purposes of the Society are:**

- To provide funding for infrastructure of chosen orphanages, social services, medical supplies, and education of the poor and children in Kenya and Tanzania in Africa, and to provide all levels of education in the regions of Goa, Karnataka, Maharashtra and Gujarat in India.

- To provide funding for food bank, free meals and clothing to the poor and street people of Vancouver, youth services at the Burnaby Youth Justice Services Centre, senior activities, retreat and education in the Metro Vancouver and Fraser Valley in the Province of British Columbia in its own and in cooperation with the Catholic Archdiocese of Vancouver.

- To fundraise and provide similar and related services as determined by the membership.

Donations are gratefully accepted at:  
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St. Joseph, pray for us.
St. Teresa of Avila

V Centenary of the Birth of Saint Teresa of Jesus

OCTOBER 15, 2015